

2012

UPPER CAPE COD

VACATION PLANNER



WeNeedaVacation.comTM
where vacationers go

Cape Cod Vacation Planner

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About Cape Cod

It's difficult to define what it is about Cape Cod that has continued to draw so many of us back to experience it again and again each summer. Perhaps it's the irresistible combination of its unique natural beauty - miles of beautiful, white-sand beaches and dunes and lush, fascinating marshes teeming with wildlife - its charming history dating back to the 17th century, and its abundance of family-oriented activities. If lying on a gorgeous beach or reading a book on a porch overlooking wetlands isn't enough for you, we suggest you take advantage of some of these wonderful, quintessentially-Cape experiences you will find within the Cape Cod Vacation Planner.

Contact Us

Phone: (888) 281-8660
Website: WeNeedaVacation.com
Email: info@WeNeedaVacation.com

THE CAPE & ISLANDS SPECIALISTS SINCE 1997



WeNeedaVacation.com™

where vacationers go

3,500 rental homes and condos on Cape Cod,
Nantucket and Martha's Vineyard

Dining



Daily Brew

\$

The Daily Brew is your home away from home in Cataumet. Daily Brew is the best coffee house on Cape Cod serving delicious breakfast sandwiches, homemade pastries and local coffee. Lunches include a wide variety of sandwiches from the ever popular "Chicken Cranberry Walnut Wrap" to the "Handrolled Meatball Sub." Build your own salad or maybe indulge in Glenn's famous Fish Chowder on Fridays. Come relax in our loft with a mug of joe or catch some rays on our porch with a frosty fruit smoothie! Or ask us to pack up your food to go. We offer WiFi. Check our catering menu for your next event. We'll cater at your location or host your occasion. Open 7 days 6:00 am till 4:00 pm!

Categories: Bakeries/Coffee Shops

1370 Route 28A, Cataumet ~ (508) 564-4755 ~ www.thedailybrewcoffeehouse.com



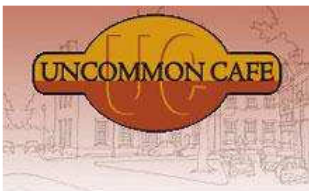
Liam Maguire's

\$\$

Liam Maguire's Irish Pub & Restaurant is Cape Cod's destination for Irish music, live entertainment, freshly prepared Irish favorites, and creative contemporary cuisine. In Ireland, the pub is the center of the community. It's a place to gather for music, food, and conversation. Liam Maguire's was recently given the distinction One of the Top 10 Irish Pubs in New England by the Boston Globe. A large draft beer selection and a terrific wine list make us the perfect spot for lunch or dinner, appetizers with friends, or to watch the game on one of our 6 big screen TVs. We invite you to raise a pint with us or have a proper pot of tea. Remember, there are no strangers, only friends you haven't met.

Categories: Casual Dining

273 Main Street, Falmouth ~ (508) 548-0285 ~ www.liammaguire.com



Uncommon Cafe

\$

The award winning Uncommon Café lives up to its name. Our extensive menu includes a variety of unique paninis and speciality sandwiches made to order with the freshest ingredients. We also offer a variety of salads and soups. We have a fun kids menu and breakfast sandwiches as well. Cape Cod Life Magazine's 2010 editor's choice for best sandwich shop on upper cape cod. We are open year round, so come in and check us out!

Categories: Casual Dining

14 Central Square, Mashpee ~ (508) 539-2600 ~ www.uncommon-cafe.com



Wicked Restaurant & Wine Bar

\$\$

Wicked offers affordable and creative dining in a casual/upscale atmosphere. Offering chefs specials every evening such as...naturally raised steaks, organic raised salmon, and local seafood. Using old world pizza-making techniques, we create unique pizzas using organic ingredients whenever possible and fresh local produce. We also offer naturally raised beef burgers, creative salads,. Select among 12 draft beers or more than 20 wines by the glass. Call ahead seating recommended.....call us 30 minutes ahead to be placed on the wait list. Open 7 days a week for lunch and dinner beginning at 11.:30 am.

Categories: Casual Dining

36 South Street, Mashpee ~ (508) 477-7422 ~ www.wickedrestaurant.com



Bobby Byrne's Restaurant and Pub

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Since 1973, Bobby Byrnes's has been Cape Cod's Eating, Drinking and Talking Establishment. There is a large bar with barstools and televisions. Bobby Byrnes has an extensive menu that will appeal to everyone including children 12 and under who can get a mini burger and fries for or grilled cheese. You'll find a nice assortment of soups; 14 appetizers in the \$8.00 range; sandwiches, wraps, steaks, fish and all sorts of chicken dishes.

Two other locations in Sandwich and Hyannis.

Categories: Casual Dining

Route 28 & 151, Mashpee ~ (508) 477-0600 ~ www.bobbybyrnes.com



Siena

\$\$

In any Italian town you'll find there's one restaurant where everyone gathers to eat and to socialize. It's the name that comes to mind when going out is suggested, and has a menu with both familiar favorites and exceptional specials that you'll love to try. It is the place you can proudly bring guests for an evening of great food, great wine and great people. With this same Italian spirit, Siena is a place where everyone can vivere bene, mangiare bene, socializare; live well, eat well, and be social. Straight from the hills of Tuscany to the dunes of Mashpee, Siena is the best place for Italian dining on the Cape.

Categories: Casual Dining

17 Steeple St., Mashpee ~ (508) 477-5929 ~ www.siena.us



Marshland Restaurant

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The original Marshland on Route 6A has been a landmark in town for over 50 years. The Marshland and Marshland Too (315 Cotuit Rd.) are a pair of family-owned restaurants operating in Sandwich under their current owners since 2000. When you think of the Marshland, you think of homecooked, "comfort" foods at very reasonable prices always. The Marshland also does catering for holidays and special events. The Marshland Bakery serves up the best fresh-baked goods such as muffins, cakes, pies and cookies to be found anywhere, again at low prices!

Categories: Casual Dining

315 Cotuit Rd, Sandwich ~ (508) 888-9824 ~ www.marshlandrestaurant.com



Bobby Byrne's Restaurant & Pub

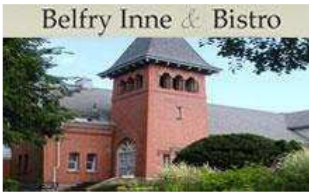
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Two other locations in Mashpee and Hyannis.

Categories: Casual Dining

65 Route 6A, Sandwich ~ (508) 888-6088 ~ www.bobbybyrnes.com



Belfry Inne & Bistro

Belfry Inne & Bistro

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The Belfry Inne & Bistro features contemporary American cuisine set in a former church, offering lunch, dinner and Sunday brunch. The restaurant features live piano music, al fresco dining, and a fantastic wine bar. Experience the exceptional food and environment. Rated EXCELLENT by Zagat.

Categories: Casual Dining, Fine Dining

8 Jarves Street, Sandwich ~ (508) 888-8550 ~ www.belfryinn.com



Trevi Cafe and Wine Bar

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Trevi Cafe and Wine Bar's contemporary ambiance adds an authentic dash of European romance. Our Mediterranean-style cuisine is made with the season's freshest ingredients. The wines from our diverse collection pair seamlessly with each market inspired offering. Featuring nineteen red wines and seventeen white wines by the glass, and also 200 wines by the bottle. Check out Trevi's "Summer Tour". Join us every Wed all summer (5pm-7pm) for an outdoor wine tasting on our patio featuring regions from around the world. We'll be trying 5 new wines every week with passed canapes. \$18 per person.

Categories: Fine Dining

25 Market Street, Mashpee ~ (508) 477-0055 ~ www.trevicafe.com



Eastwind Lobster & Restaurant

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Welcome to Eastwind Lobster, Buzzard Bay's only waterfront restaurant and market. Dine inside or on our large covered deck that offers spectacular sunsets. Try our award-winning clam chowder, fried or broiled fish, lobster roll, seafood stew, among many other items. Our market offers a wide variety of seafood. We'll even cater at your location a traditional New England clambake, including lobsters, steamers, chowder, linguica, red potatoes, and corn. Raw bar available too, with oysters, littlenecks, and shrimp. Delicious!

Categories: Catering, Waterfront Dining

2 Main Street, Buzzards Bay ~ (508) 759-1857 ~ www.eastwindlobster.com



Cupcake Charlie's

\$

Located in Mashpee Commons, we offer delicious sweet treats in an inviting, fun atmosphere. Come enjoy a cupcake with friends, or take a dozen of our specialty cupcakes home!

Categories: Bakeries/Coffee Shops

28 North St, Mashpee ~ (508) 477-2253 ~ www.cupcakecharlies.com



Stir Crazy

\$\$

Visitors to Stir Crazy often wonder if they are in a Chinese Restaurant but the Cambodian food is as different from Chinese food as a New England dinner is from a Texas barbecue.

Categories: Casual Dining

570 MacArthur Boulevard, Pocasset ~ (508) 564-6464 ~ www.stircrazyrestaurant.com



Bleu French Bistro

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Enjoy French cuisine and culture at this stylish bistro which has as received numerous awards for "consistently top-notch" cuisine. Classics such as cassoulet and steak au poivre are complemented by Chef Frederic Feufeu's imaginative, varied creations.

Categories: Fine Dining

10 Market Street, Mashpee ~ (508) 539-7907 ~ www.bleurestaurant.com



Tomatoes

\$\$

Combining spicy Sicilian country cooking and Northern Italian cooking with meats and cheeses, our portions are generous and made from the freshest ingredients available.

Categories: Fine Dining

280 Route 130, Sandwich ~ (508) 888-6008 ~ www.tomatoescapecod.com



Gheff's Candies of Cape Cod

We have been perfecting the art of chocolate and candy making for three generations and are sure that you will find our sweets irresistible.

Categories: Ice Cream & Candy

228 Main St, Falmouth ~ (800) 645-1475 ~ www.shipchocolates.com



Ben & Bill's Chocolate Emporium

A small family of chocolate and ice cream shops in Massachusetts and Maine. We use family recipes that have been passed down from generations of candy makers. We offer the finest ingredients available for the freshest, most delicious hand-made candies.

Categories: Ice Cream & Candy

209 Main Street, Falmouth ~ (508) 548-7878 ~ www.benandbills.com



Polar Cave Ice Cream Parlour

\$

What's summer on the Cape without an ice cream cone every day? Papa Bear serves generous sized cones of his premium ice cream (made from an old family secret recipe) at fair prices in a fun, family environment. Over 40 great flavours!

Categories: Ice Cream & Candy

22 Falmouth Road, Mashpee ~ (508) 477-5333 ~ www.polarcave.com



Coonamessett Farm

Our store carries fresh produce, many gourmet items, vegetarian foods, unique gifts and souvenirs. The Farm's Cafe serves breakfast, lunch and light dinners.

Categories: Produce Market

277 Hatchville Road, East Falmouth ~ (508) 563-2560 ~ www.coonamessettfarm.com

Activities



Cape Cod Children's Museum

Take your children on an interactive adventure where they can climb, make believe, and touch to their heart's content. This large space contains a life-size, 30-foot pirate ship stocked with nautical maps and a treasure chest of costumes. Don't miss the newest addition: a submarine (complete with a virtual control screen and working periscope) that "dives" to go explore marine creatures. You'll love seeing them look out the portholes with smiling faces. The princess castle in the toddler area is full of books, puppets, and other educational toys for little ones to explore. The museum's summer calendar is chockfull of even more fun -- bubble shows, Nerf volleyball, and puppet shows.

Categories: Children

577 Great Neck Rd, Mashpee ~ (508) 539-8788 ~ www.capecodchildrensmuseum.org



Cape Cod Bear Factory

Whether you're young or just young at heart, you'll enjoy creating your own stuffed bears at the Cape Cod Bear Factory! Stuff them, dress them, and take them to their new home. We have 60 different animals and 40 different outfits. Also Cape Cod sweatshirts for your new friend. We also book birthday parties. Walk-ins are welcome. Come visit us in Mashpee Commons or Harwich Port. Our Mashpee Commons store is across from Bobby Byrnes Pub, and the Harwich Port store is in the Port Centre Building, directly across from TD Bank.

Categories: Children

Mashpee Commons 7 Central Square, Mashpee ~ (508) 539-1616 ~ www.capecodbearfactory.com



ECOtourz

Take a spectacular Kayak trip with ECOtourz through Sandwich's extensive estuaries and marshes utilizing either a guided tour or a "go it alone" adventure. Enjoy a different perspective of the Historic Mill Creek which offers amazing opportunities to view wildlife consisting of Blue Herons, Osprey, as well as a wide variety of Tern and other fish feeding bird-life. The plant life on the creeks and marshes are truly special, and as you travel deeper into the estuaries, the grasses and flora change before your eyes. We cater to all ages and skill levels and are ready to give you a fun, safe and very memorable experience.

Come enjoy a bike ride through Historical Sandwich where you will experience such sites as the Beautiful Picturesque Sandwich Boardwalk, also interesting museums and unique shops in the Village. Embrace the history of some of the oldest houses and structures on the cape. You will love the tranquility of the environment that Sandwich provides you.

Categories: Kayaking/Canoeing

20 Jarves Street, Sandwich ~ (508) 888-1627 ~ www.ecotourz.net



Cape Cod Winery

Cape Cod Winery creates premium wines for residents and visitors alike to enjoy with the finest seafood and gourmet cuisine available on Cape Cod. Our vineyard is planted on a splendid site with sandy gravel soil and gentle slopes which are ideal for wine grape growing and parallel the great vineyards of southern France and northern Italy. Visit our boutique winery and 10 acre vineyard in Falmouth. We offer wine tastings and a charming gift shop full of unique items for the wine lover in your life. We produce varietals Merlot, Cabernet and Pinot Grigio and we blend cranberries into our Seyval grape white wine to create our famous Nobska Cranberry Blush. Visit our website to shop online year round.

Categories: Wineries/Breweries

681 Sandwich Rd, East Falmouth ~ (508) 457-5592 ~ www.capecodwinery.com



Dramafun!

Creative movement, story enactment, theater games, music, and imagination journeys! Emphasis is on the creative process, team work, and storytelling in a nurturing environment.

Categories: Camps

(508) 259-3504 ~ www.dramafun.com



Holly Ridge Golf Club

You'll love this classic New England, Par 54 golf course nestled among the hollies and pines of Sandwich. The course, with eighteen unique holes over 3000 yards, challenges the more advanced player and relaxes the new golfer. Play more golf in less time!

Categories: Golf

121 Country Club Road, Sandwich ~ (508) 428-5577 ~ www.hollyridgегolf.com



Bourne Braves

Home Field: Doran Park, at Upper Cape Tech, 220 Sandwich Road, Bourne Capacity 3,000
Dimensions LF 325 CF 390 RF 315

Categories: Baseball

220 Sandwich Road, Bourne ~ (508) 888-7870 ~ www.bournebraves.org



Falmouth Commodores

Home Field: Arnie Allen Diamond at Guv Fuller Field, 790 Main Street, Falmouth Capacity : 8,000;
Seating: 1,000 OF Dimensions LF 320 CF 385 RF 320

Categories: Baseball

790 Main Street, Falmouth ~ (508) 472-7922 ~ www.falcommodores.org

Shopping



Sandwich Auction House

Auctions are held several times a month throughout the year and are comprised strictly of consigned merchandise - we do not purchase items for our auctions. In addition to our General Estates and Antiques Auctions, we offer specialty auctions at least once a month. For instance, for the past 20 years we have conducted an auction of oriental rugs every month. These auctions offer approximately 100 beautiful new and semi - antique hand woven oriental rugs to our customers without reserve. Every carpet is sold to the highest bidder. We have sold over 30,000 oriental rugs to buyers from all over New England. Almost 300 lots of antiques, general furnishing and decorative items in each sale.

Categories: Antique Shops

15 Tupper Rd, Sandwich ~ (508) 888-1926 ~ www.sandwichauction.com



Painted Daisies

Painted Daisies is one of the most beautiful and unique gift shops on Cape Cod. Located on scenic Route 6A in East Sandwich, Massachusetts, the shop has been a popular destination for visitors and locals alike since 1995. Painted Daisies showcases the finest in hand painted gifts and furniture, pottery, jewelry, floral arrangements and fine art from some of Cape Cod's favorite artisans and craftsmen. Some of today's most popular gift lines are featured, including Vera Bradley, Mariposa and Gurglepots - as well as dazzling silver and seaglass jewelry, exquisite candles, soaps and lotions, and an enormous selection of penny candy, fudge and gourmet treats for kids of all ages!

Categories: Gift Shops

679 Route 6A, East Sandwich ~ (508) 375-0713 ~ www.painteddaisies.com



Snow Goose Gift & Christmas Shop

Cape Cod's Finest Gift, Christmas, and Collectibles Store CELEBRATING OUR 25TH YEAR IN BUSINESS!! Family owned and operated since 1982, we offer home decor, gifts, women's clothing and accessories, Willow Tree Angels, Dept. 56, Lenox, Fontanini nativities, Nautical Decor, Old Virginia Woodwick Candles, Marion Heath Greeting Cards, Cape Cod Jewelry, and so much more. Notable among our offerings is our series of prints of Sandwich landmarks such as Sandwich Aptuxet Trading Post, Sandwich Coast Guard Station and the Capt'n Ezra Nye House. We also carry an extensive inventory of Christmas decorations. Come browse!

Categories: Gift Shops

2 Tupper Road, Sandwich ~ (508) 888-8441 ~ www.snowgooseshops.com



Guertin Brothers Jewelers

For the finest jewelry, watches and giftware on Cape Cod, Guertin Brothers Jewelers is the elegant choice. Our two jewelry stores in Hyannis and Mashpee Commons are the place on Cape Cod to find jewelry from fine designer names like Roberto Coin, Lagos, Hearts On Fire and EK Designs. Guertin Brothers is also Cape Cod's source for fine Swiss watches from Baume & Mercier, Longines, Tissot and Swiss Army. In addition, Whether you are a native Cape Codder or just an occasional visitor, our own Cape Charm is the perfect item to remember Cape Cod, and the ideal gift for anyone who loves the Cape. We also offer expert jewelry and watch repair.

Categories: Jewelry

16 Steeple Street, Mashpee ~ (508) 477-4929 ~ www.guertinbrothers.net



Jewel Box of Cape Cod

The Jewel Box of Cape Cod is a family owned, full service fine jewelry business for over 25 years.. Our collection includes beautifully crafted diamond jewelry, precious colored stone jewelry, fine gold and silver, along with specialty items. Our specialty items include a line of Cape Cod watches made exclusively for the Jewel Box from Seiko. We also carry many styles of nautical jewelry in gold and silver. Our Cape Cod collectible ornaments are a great holiday gift. Each year beginning 1990, we introduced a brass ornament of a specific landmark for one of Cape Cod's fifteen towns. These ornaments are sold separately or by the set of fifteen.

Categories: Jewelry

5 Merchant Square, Sandwich ~ (508) 888-3251 ~ www.jewelboxcapecod.com



The Music of Silvard

Take home the perfect souvenir from Cape Cod: the piano CD "Postcard from Cape Cod" by Cape Cod's resident pianist and composer, SILVARD! This CD is the perfect Cape Cod (and Islands) souvenir featuring soothing yet uplifting piano melodies. You will treasure this CD forever as it will bring back great memories of your stay on Cape Cod! "Postcard from Cape Cod" has been a best-seller on the Cape for seven years in a row, with over 12,000 copies sold in stores on the Cape and Islands alone. Surprise your friends by bringing them beautiful music instead of a boring old tee shirt! Silvard would be pleased to autograph any item, and add a personal dedication of your choice.

Categories: Souvenirs

(508) 477-5154 ~ silvard.com



Good & White Antiques

Decorative and vintage furnishings for the home and garden. A wide variety of "one of a kind" furnishings and nautical home accessories are displayed.

Categories: Antique Shops

635 West Falmouth Highway, West Falmouth ~ (508) 548-2772 ~ www.goodandwhite.com



MOCEAN

MOCEAN is traveling the country to make this one HOT Summer! From the best looks in swim wear to the Cape Cod Casual. We have what it takes to live with sand between your toes.

Categories: Clothing & Accessories

11 Market St, Mashpee ~ (508) 477-1774 ~ www.moceancapecod.com

Art & Museums



Heritage Museums & Gardens

Heritage Museums & Gardens celebrates the American Spirit. The Museum is famous for its Dexter Rhododendrons that bloom late May into early June. The beautifully landscaped grounds are a naturalized woodland park on the edge of upper Shawme Pond. A Shaker round barn houses the J. K. Lilly III Antique Automobile Collection with its stunning display of antique automobiles. The American History Museum will be opening this summer with several new exhibits. An operating hand-carved carousel and many of America's most distinguished artists' works are on exhibit in the Art Museum. The Museum fosters lifelong learning by preserving and sharing the history, industry, art and horticulture of America.

Categories: Natural History Museums

67 Grove Street, Sandwich ~ (508) 888-3300 ~ www.heritagemuseumsandgardens.org



Beth Higgins Fine Art Photography
www.bethhiggins.com
beth@bethhiggins.com
774-392-0907

Beth Higgins Fine Art Photography

Take home Cape Cod Memories. Large selection of Cape Cod photographs for sale in many formats including limited edition giclee prints on canvas and paper to matted, framed and greeting cards. Year-round shopping available on website. A selection of pieces at Kwilts and Krafts 6 Joy St Mashpee at Southcape Village. Summer address The Artist Shanties Bismore Park 140 Ocean St Hyannis the middle of May till the middle of October. Check website for summer art shows. Digital images available for commercial use. Custom orders. If you are looking for a specific location or shot that isn't on my website, contact me. I'll be happy to upload it for you. beth@bethhiggins.com

Categories: Photography

(774) 392-0907 ~ www.bethhiggins.com



collections
gallery

Collections Gallery

A boutique and gallery showing professional, original and artistic work by members of this artisans cooperative. Displays are always changing and feature many one of a kind pieces.

Categories: Art & Crafts

23a Jarves Street, Sandwich ~ (508) 833-0039 ~ www.collectionsgallery.com



Susan Davies - Custom Tile and Fine Art

Porcelain and ceramic hand painted tile designed exclusively for you to decorate your kitchen or bath. Create your favorite scene of Cape Cod on tile and enjoy the view year round.

Categories: Art Galleries

23 Newtown Rd., Sandwich ~ (774) 238-2980 ~ susandaviesartist.com



My Sister's Gallery
ART & GIFTS

My Sister's Gallery

The shop for breathtaking original oils, watercolors, pastels, acrylics, not to mention limited giclee prints. Spectacular hand blown glass, brilliantly crafted pottery, stunning hand-crafted jewelry, and a delightful assortment of gifts for you and your home.

Categories: Art Galleries

20 Jarves Street, Sandwich ~ (508) 888-0756 ~ www.mysistersgallery.net

Fitness & Beauty



The Spa at Dan'l Webster

Welcome to The Beach Plum Spa at The Dan'l Webster Inn. You are about to enter a special place where your every need will be met, your body invigorated, your mind rested, and your spirit restored. In this sanctuary you will find tranquility, peace and a sense of renewal. Each member of our professional staff is licensed and continually trained in the most advanced spa techniques and is committed to pampering our guests. The Spa is open to the public. You need not be a guest of our Inn to enjoy The Spa. To ensure availability, please make reservations in advance for spa services. Open seven days a week, year round. Please call for hours as they may vary by season.

Categories: Day Spas

149 Main Street, Sandwich ~ (508) 888-3622 ~ www.danlwebsterinn.com

Services



Four Guys in Tuxes

*Weddings Are
Our Specialty*

I.B.O.P.

Four Guys in Tuxes

Music for weddings and special events in Cape Cod, New England, Greater Boston, and Newport, Rhode Island performed by professional musicians. When planning your wedding day, make it all the more memorable by including the live music of Four Guys in Tuxes. Live music will help you set the mood for your special day from very formal to beach casual. We'll form a bond with you and your guests so that something special is happening throughout your reception. Swing, society, and classic rock music for listening and dancing can be tailored to your theme. Don't squander the most important day of your life on a mere disc jockey! Four Guys in Tuxes can perform for any kind of personal or corporate event.

Categories: Entertainment

(508) 457-1583 ~ www.fourguysintuxes.com



The Coonamessett Inn

At the Coonamessett Inn, your event is more than planned, it is designed. Every detail is the result of a decision made by you which assures that your wedding day is precisely what you had expected from us. Private room facilities and outside garden venues.

Categories: Receptions

311 Gifford St, Falmouth ~ (508) 548-2300 ~ www.capecodrestaurants.org

Transportation

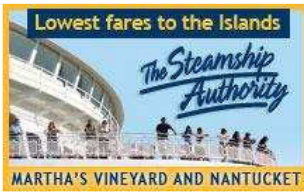


Island Queen

Sail away from Falmouth to the island of Martha's Vineyard aboard the Island Queen. Relax with the sea, sky and wind on a delightful 35-minute mini-cruise across the sparkling waters of Vineyard Sound. The Island Queen is the only cruise ship sailing regularly from Falmouth Harbor directly to Oak Bluffs, centrally located, easy to get to, and with no-hassle parking. Leave your car behind, secure in our spacious paved lot nearby. Bring your bicycle aboard to explore the island. There is a snack bar available, and reservations are not required.

Categories: Ferries

75 Falmouth Heights Road, Falmouth ~ (508) 548-4800 ~ www.IslandQueen.com



The Steamship Authority

Escape to the beautiful islands of Martha's Vineyard and Nantucket with The Steamship Authority. For a day or a stay, we offer the lowest fares and frequent daily departures. Travel from Woods Hole to Martha's Vineyard or Hyannis to Nantucket on our traditional ferries. Or take our passenger-only high-speed ferry Iyanough Hyannis to Nantucket dock-to-dock in just one hour. The Steamship Authority offers a number of value promotions throughout the summer, go to Ways To Save on our website to learn more. So, for more ferries, more trips and the lowest fares to the islands the Steamship Authority is the Way to Go!

Categories: Ferries

1 Railroad Avenue, Woods Hole ~ (508) 548-5011 ~ www.steamshipauthority.com

Plenty of Pedaling Around Cape Cod and the Islands

Biking has always been one of the most popular activities for visitors to Cape Cod and the islands of Nantucket and Martha's Vineyard. You can safely enjoy both road and mountain biking on the many paved and off-road bike paths. Bike shops are plentiful if you need to rent a bike for adults or children. Since biking is an activity the whole family can enjoy, child trailers are also available.

Cape Cod

Throughout the Cape, you have your choice of both paved and unpaved bikeways. The most popular paved trails include:



- **Cape Cod Canal Bikeway:** A 7+ mile paved path along the canal between the Bourne and Sagamore bridges, providing wonderful views of boat traffic and ending at Scusset Beach on the mainland side of the canal.
- **Shining Sea Bikeway:** A 10.7-mile trail that follows the coast from North Falmouth to Woods Hole, winding along cranberry bogs, Buzzards Bay, and Vineyard Sound.
- **Cape Cod Rail Trail:** A 22-mile paved trail running along a former railroad right-of-way from Dennis to Wellfleet. The trail has a wide unpaved shoulder on one side to accommodate horseback riding, walkers, and runners.
- **Nickerson State Park Network:** An 8-mile trail winding through pine forests and along ponds and lakes of this state park in Brewster.
- **Cape Cod National Seashore Network:** The Nauset Marsh Trail in Eastham runs 1.5 miles into National Seashore acreage, ending at Coast Guard Beach, with a panoramic vista of the Atlantic Ocean.
- **Province Lands Bike Trail:** A 7+ mile trail beginning at Race Point in Provincetown and running through sand dunes and forests, ending at the ocean.

Nantucket

Nantucket's terrain seems custom-made for bicycling -- never too steep and always scenic. There are over 24 miles of [bicycle paths on Nantucket](#), and most are separated from the roadways, making for a safe ride. Nantucket shuttle buses, equipped with bike racks, enable you to easily access any bike routes. A color-coded sign system helps guide bikers around the island.

Martha's Vineyard

It can be a challenge to cover the whole island of Martha's Vineyard, which is almost 100 square miles! Bike paths parallel most of the major roads, and all MVTA buses have bike racks. The mostly flat "down-Island" route -- from Vineyard Haven to Oak Bluffs to Edgartown and back—covers about 25 miles. For a more challenging trip, the "up-Island" trip to Chilmark and Aquinnah is much hillier and can cover more than 40 miles roundtrip.

paddling the Pristine Waters of the Cape and Islands

If your idea of the perfect day on Cape Cod or the Islands includes calm and quiet, consider kayaking. Paddling around in a kayak is also the perfect way to see wildlife in their natural habitats.

Cape Cod's many diverse bodies of water provide excellent settings for kayakers of all skill levels and offer more than 60 different kayaking routes. Out on the Islands, the harbors, coves, and ponds are popular with kayakers, as are the South Shore beaches, which offer surf kayaking.

Cape Cod

On the **Upper Cape**, try a relaxing paddle along the Mashpee River in Mashpee; in Wild Harbor or West Falmouth Harbor in Falmouth; or Scorton Creek in Sandwich. Waquoit Bay, a national research reserve, also offers the chance to explore undeveloped Washburn Island. On Buzzard's Bay, take in the calm waters of Pocasset Harbor near Barrett's Island or Vineyard Sound for more experienced kayakers. Coonamesset Pond is a good choice for fresh water paddling.

In the **Mid Cape** area, the Herring River, which runs through the 200+ acres of Harwich conservation lands, is a favorite among paddlers of all ages and skill levels. Travel upriver to the marsh to see egrets, great blue herons, and ospreys. Other Mid Cape destinations include Bass River, the longest river on Cape Cod; Swan River; Swan Pond; and Nantucket Sound. For solitude, try Barnstable Harbor and the Great Marsh of West Barnstable, taking time to step onto Sandy Neck Beach.

The **Lower Cape** features Nauset Marsh, one of the most productive salt marsh habitats in the world and a spectacular spot for kayaking. It is ideal for birdwatching and otter-spotting. You may also find sunbathing seals on Nauset's barrier beaches. The waters are calm enough for beginners, but the beauty brings back even the most experienced kayakers time and again. Check the tides before paddling out, however. Low tide results in vast areas of mud flats that could leave you stranded. Other Lower Cape choices are Pleasant Bay; Chatham's Oyster River; and Cliff Pond, Flax Pond, and Little Cliff Pond in Brewster's Nickerson State Park.

Up on the **Outer Cape**, Long Point and Pamet Harbor in Truro; Blackfish Creek, Wellfleet Harbor, and Great Island in Wellfleet; and Provincetown Harbor are all popular out and back kayaking spots. These areas are especially choice for sunset paddling.



Kayaking throughout Cape Cod

Sea kayakers will find that Cape Cod's shoreline provides many inlets, coves, and harbors. Cape Cod Bay, Pleasant Bay, and Nantucket Sound offer open water for adventure kayaking and the opportunity to fish or view sea life such as the seals that make Monomoy Island their summer home.

There are many kayak outfitters and tour guides on Cape Cod from Falmouth to Provincetown. If you have never kayaked, most are happy to offer some instruction, but novices are encouraged to join a tour. Tours range from two hours to a full day.

South Shore and Southeastern MA

Kayaking possibilities abound on the South Shore and Southeastern Massachusetts, including Buzzards Bay and the protected harbors of Marion and Westport. Paddle inner Plymouth Harbor and you can get a great view of the Mayflower and Plymouth Rock.

Nantucket

Kayaking the waters of Nantucket offers experienced or novice kayakers many different opportunities. Nantucket Harbor offers easy paddling, with side trips into marshes with abundant bird life and along the coast to some of Nantucket's pristine beaches. Explore the many coves and even fish from the kayak and catch keeper bass or other fish.

Ocean kayaking is available across the Island. You will find good surfing waves on the South Shore for much of the year.

Kayaks are available for rent at the harbor or they can be delivered to the beach for surf kayaking.

Martha's Vineyard

Gliding along beneath the spectacular Aquinnah Cliffs, paddling in Edgartown Harbor in front of the historic lighthouse, or nighttime paddles in the phosphorescence of Menemsha Pond are just a few of the ways kayakers can enjoy themselves on Martha's Vineyard.

Make a day of it by paddling to Cape Pogue on Chappaquiddick Island or around the Elizabeth Islands, or enjoy an afternoon venturing into the estuaries and quahog beds of the Felix Neck Wildlife Sanctuary and Sengekontacket Pond.

Martha's Vineyard has half a dozen or so ponds where you can enjoy a short, enjoyable paddle, or, like Nantucket, experience great kayak surfing in the waves of the ocean-facing southern shore.

Rentals are available and can be delivered.

Cape & Islands Golf Courses

Avid golfers who must put away their clubs for the winter months know that Cape Cod and the Islands is the destination for an eagerly awaited start to the golf season. The courses on the Cape and Islands are among the premier golfing destinations in New England.

Perhaps the best thing about the dozens of public and semi-private golf courses on the Cape and Islands is their diversity. You can spend the day playing a par 72 with hard fairways, run-up shots to the greens, and a few ball-swallowing bunkers, or sneak in a short game at one of the surprisingly challenging par 3 courses scattered throughout the Cape before you hit the beach with the family.

The courses on the Cape and Islands are typically set in terrain of gentle hills, fairways bordered by Cape Cod scrub pines along with some oak trees, deep fescue rough, more than a few water holes, and strategically placed bunkers.

Some of the best golf architects have contributed to the high quality of Cape and Islands golf courses: Jim Fazio, working with the irrepressible Chi Chi Rodriguez, Geoffrey Cornish, Brian Silva, and Rees Jones just to name a few.

Adding to the pleasure of golfing on the Cape and Islands are the many courses that are set along the coast, offering views of Buzzards Bay, Pleasant Bay, Cape Cod Bay, and even the Atlantic Ocean.

Most golf courses and clubs offer a pro shop, driving range, putting green, and club rentals. Instruction is likely available for all levels, including children. That all important “19th hole” is also found at most courses and clubs.

Golfing during spring and fall offers delightful weather, no summertime crowds or traffic, and the prices are very reasonable. Many of the region’s top private courses open up to non-member play. If you know members of private golf courses in the Cape Cod area, ask them about policies in the shoulder season that allow members to have friends golf as unaccompanied guests.

Expect all Cape and Islands courses to be busy and tee times limited during summer.



Public & Semi-Private Golf Courses

UPPER CAPE

- [Ballymeade Country Club](#), North Falmouth
- [Bay Pointe Country Club](#), Onset
- [Brookside Club](#), Bourne
- [Cape Cod Country Club](#), East Falmouth
- [Falmouth Country Club](#), East Falmouth
- [Holly Ridge Golf Club](#), South Sandwich
- [Paul Harney Golf Course](#), East Falmouth
- [New Seabury Golf Club](#), Mashpee
- [Olde Barnstable Fairgrounds Golf Course](#), Marstons Mills
- [Quashnet Valley Country Club](#), Mashpee
- [Sandwich Hollows Golf Club](#), East Sandwich

MID CAPE

- [Bass River Golf Course](#), South Yarmouth
- [Bayberry Hills Golf Course](#), West Yarmouth
- [Blue Rock Golf Course](#), South Yarmouth
- [Dennis Highlands Golf Course](#), Dennis
- [Dennis Pines Golf Course](#), South Dennis
- [Harwich Port Golf Club](#), Harwich Port
- [Hyannis Golf Club](#), Hyannis

LOWER CAPE

- [Captains Golf Course](#), Brewster
- [Chatham Seaside Links](#), Chatham
- [Cranberry Valley Golf Course](#), Harwich

OUTER CAPE

- [Chequessett Yacht and Country Club](#), Wellfleet
- [Highland Links Golf Course](#), North Truro

JUST OFF CAPE

- [Crosswinds Golf Club](#), Plymouth
- [Marion Golf Course](#), Marion
- [Pinehills Golf Club](#), Plymouth
- [Southers Marsh Golf Club](#), Plymouth
- [Squirrel Run Golf & Country Club](#), Plymouth
- [Waverly Oaks Golf Club](#), Plymouth

MARTHA'S VINEYARD

- [Farm Neck Golf Course](#), Farm Neck Way, Oak Bluffs
- [Mink Meadows Golf Club](#), Vineyard Haven

NANTUCKET

- [Miacomet Golf Club](#), Nantucket

Cook Up the Cape and Islands' Favorite Fare

For many vacationers, no trip to the Cape and Islands would be complete without lobster. While most seafood markets will cook the lobsters for you, many vacation rentals come equipped with lobster steamers, so you can cook your own. Steam them in a few inches of water for about 20 minutes to the pound or until they are red but retain a slight amount of dark splotching on the shell. Serve with fresh local sweet corn and plenty of melted butter.

You can replicate a lobster bake, with sausage, potatoes, clams and corn, without all the work of digging a pit. All you need is a gas or charcoal grill. (See our recipe at the end of this article.)

There are two types of clams -- hard shell and soft shell.

Soft shelled clams are also called "steamers" and are found only in New England and the Chesapeake Bay. They live in "the flats," the somewhat mucky sand left behind at low tide. You'll literally dig with your hands and pull them loose.



Steamed Lobster Dinner

Hard shelled clams, also known as quahogs (CO-hogs), live in bays and along beaches in the sand just beneath the water. They are harvested by raking. Licenses are required by all towns in order to harvest shellfish.

Both types of clams can be easily steamed in an inch or so of water, if you do not have a proper steamer. It only takes a few minutes, and you'll know the clams are cooked when their shells begin to open up.

Cape Cod Lobster Bake Prepared on the Grill (serves 4)

- 4 Cape Cod lobsters, about 1 1/4 pounds each
- 4 ears sweet corn, shucked except for innermost leaves
- 2 lbs steamer clams, cleaned
- 2 lbs mussels, cleaned
- 1 lb linguica (or other firm sausage), cut into four pieces
- 12 small red potatoes
- 2 cups water
- 5 lbs fresh seaweed (or add 2 teaspoons of salt to cooking water and aluminum foil)



Cape Cod Steamers

In a large roasting pan or steamer, place one-inch layer of seaweed or a layer of crumpled aluminum foil or on a rack.

Parboil the potatoes. Shuck the corn except for the innermost leaves.

Place lobster on seaweed or aluminum foil; arrange corn and sausage between the lobster and the sides of the pan.

Place clams, mussels, and potatoes gently over the lobster. Keep the top of the pan contents level.

Cover with remaining seaweed and add water (salted if no seaweed) over the top.

Cover the pan tightly with aluminum foil or a lid and place on preheated grill to cook. Make sure the grill is very hot.

When steam becomes visible, cook covered for 20 minutes. Check potatoes for doneness -- if they are cooked, the lobsters should be also. (Properly cooked lobsters should be red with just a slight bit of black mottling on the shell.)

Remove from heat, but leave covered for 5 more minutes.

Serve with lemon and melted butter.
