

SUMMER 2010

MID CAPE COD

VACATION PLANNER



WeNeedaVacation.comTM
where vacationers go

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Vacation Planner for Mid Cape Cod

[4 coupons](#)

Narrow the list by:

Mid Cape Cod

All Towns

All Categories

All Sub-Categories

Clear

Activities :: Amusement Parks

Cape Cod Carousel & FunHouse Arcade

Cape Cod Carousel & FunHouse Arcade "Since 1996" Cape Cod's #1 Family Amusement Center. Enjoy an old-fashioned carousel, ice cream and cotton candy plus kiddie rides and great arcade games like Skee-ball. A Hyannis landmark for family fun.

[541-545 Main Street, Hyannis](#) ~ (508) 790-0167 ~ [email](#) ~

Activities :: Aquariums



Zooquarium

This just might be more fun than the beach! Meet Zoo residents during the Animal Adventure Programs. Visit the petting zoo and see Wilma, Betty & Pebbles, our llamas and tidal critters at the touch pool. The Aquarium is home to fishes, lobsters, crabs and more.

[674 Route 28, West Yarmouth](#) ~ (508) 775-8883 ~ [email](#) ~ www.zooquariumcapecod.net

Activities :: Boat Cruises



Hyannis Seal & Lobster Cruise

COME SAIL WITH US TO MONOMOY ISLAND..... As we approach beautiful Monomoy Island you'll watch the Harbor and Grey Seals swimming in their natural habitat or basking in the sun. Migratory birds from as far away as Brazil and the Arctic have graced these shores. During the voyage our Naturalist will enlighten you on the history of Cape Cod...the past, present & future as well as the Monomoy Lighthouse, local wild life, the dunes and the salt marshes. Call the reservation specialists at 508-790-0660.

[137 Pleasant St, Hyannis](#) ~ (508) 790-0660 ~ [email](#) ~ www.helen-h.com

Activities :: Camps



Paul Turner's Ultimate Soccer Academy

Since 2002 PTUSA has worked all over Cape Cod and South Shore to bring a variety of camp programs and training to the youth soccer player - from soccer camps to coach's education. (508) 385-2014 ~ [email](#) ~ www.ptusa.org

Activities :: Children



Cape Cod Conservatory of Music and Art

Our biggest summer ever will make yours the best ever. Along with the best music teachers, come have fun with Digital Music Lab, Art, Ballet, Photography w Pre-K and Reading Fun, Singing & Songwriting, Group Music, Belly Dance, Tap/Jazz/Ballet and more!

[2235 Iyanough Road, West Barnstable](#) ~ (508) 362-2772 ~ www.capecodconservatory.org

Cape Cod Melody Tent

Introduce your children to live performing arts! Don't wait for a rainy day -- the Melody Tent's Children's Theater offers circus entertainment along with classics such as Cinderella. Our concession stand serves a variety of summer time favorites.

[21 West Main Street, Hyannis](#) ~ (508) 775-5630 ~ [email](#) ~ www.melodytent.org

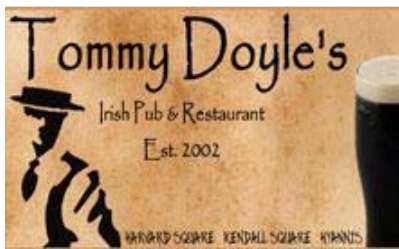
Activities :: Entertainment / Nightclubs



[Sand Dollar Bar & Grill](#)

Voted "Best Neighborhood Bar on Cape Cod" in 2008 and 2009, The Sand Dollar offers great nightly entertainment. Popular local favorites include Craven and Grace, Mike Zucco, Sean Brennan, and Dave Hickey. Happy Hour from 5 to 8 and more entertainment from 8:30 to 11:30. Our famous "Kids Karaoke" is every Tuesday & Wednesday night, 5-8! Our seasonal menu features fresh native seafood, chowder, salads, burgers, pizza, chicken, and a variety of appetizers. .

[244 Lower County Road, Dennis Port](#) ~ (508) 398-4400 ~ [email](#) ~ [www.sanddollarbg.com](#)



[Tommy Doyle's](#)

There's always something going on at Tommy Doyle's. Weekly entertainment is packed with live music, trivia nights, traditional Irish music, and karaoke. This comfortable pub offers a diverse menu, including authentic Irish food as well as traditional pub food, such as nachos, wings, burgers, and fajitas. Full bar. Eat in or take out. Handicap access. Owner Alan O'Sullivan first came to the Cape from Ireland in the 1990s for summer work and has been a Cape resident ever since. Come enjoy the hearty food and lively Irish atmosphere!

[34 Main St, Hyannis](#) ~ (508) 862-9430 ~ [email](#) ~ [www.tommydoyles.com](#)



[Harry's Cajun Food & Spirits](#)

Great food from an extensive menu and daily specials such as prime rib Tuesdays just \$12.95. The music at Harry's isn't limited to the blues, although it's known as Harry's Blues Bar. It pulls in crowds with a mix of local and national performers of all genres.

[700 Main St, Hyannis](#) ~ (508) 778-4188 ~ [www.harrysbluesbar.com](#)

[O'Shea's Olde Inne](#)

Once you taste our food, relax with a good brew, experience the friendly atmosphere, and listen to live music, you will want to come back and be part of our family.

[348 Main St, West Dennis](#) ~ (508) 398-8887 ~ [email](#) ~ [www.osheasoldeinne.com](#)

[Embargo Tapas & Martini Bar](#)

Enjoy tapas and lively entertainment. Video DJs, live music, and dancing nightly from 9:30 to 1 am. Jazz, hip-hop, modern and classic hits. Live jazz dinner music Thurs. & Sat.

[453 MAIN STREET, Hyannis](#) ~ (508) 771-9700 ~ [email](#) ~ [www.embargorestaurant.com](#)

Activities :: Fishing Charters



[Predatuna Sportfishing](#)

Looking for the ultimate sportfishing experience? Predatuna has been providing its customers with some of the best fishing on Cape Cod for over 14 years. Capt. Dennis Chaprales has logged thousands of hours fishing on the the East Coast waters including Nantucket Sound. The Predatuna II is a 35' JC Sportfisher and easily accommodates a 6 person charter. Trips include: Bottom Fish- Striped Bass and Bluefish- Codfish- Off shore Canyon Trips and Shark Trips. There is plenty of room for your party and your coolers.. so book your trip today!

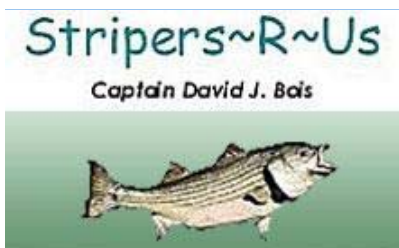
[Hyannis Harbor, Hyannis](#) ~ (508) 648-8411 ~ [email](#) ~ [www.predatunasportfishing.com](#)



[Helen H Deep Sea Fishing Charters](#)

Got Fishing? You've made it this far, and your instincts have proven sound: you're on Cape Cod, a true jewel of the New England coastline, and you've made it here for what most consider her finest months for fishing. Your day awaits. The Helen H, one of the Northeast's premiere sportfishing fleets, is ready to show you the best of Cape Cod's world-class angling, regardless of your fishing abilities. Courteous, experienced crew, expert captains, state-of-the-art vessels, electronics and tackle. Call reservation specialists at 508-790-0660.

[137 Pleasant St, Hyannis](#) ~ [email](#) ~ [www.ifishcapecod.com](#)



[Stripers R Us](#)

Leaving from Sesuit Harbor in Dennis and traveling just minutes to fishing grounds in Cape Cod Bay, Capt David Bois will guide you on an exciting fishing adventure for all. Capt. Bois has 30 years experience in commercial and recreational fishing. Specializing in In-Shore & Off-Shore for Striped Bass and Bluefish with light tackle on a fully equipped 24ft. Romarine. Morning and afternoon charters. May thru October. You could catch a fish up to 50lbs! cell phone # 508-737-5665

[52 Cross St, Yarmouth port](#) ~ (508) 362-9195 ~ [email](#) ~ [www.stripers-r-us.com](#)



[Janine B Sport Fishing](#)

Like fishing? Want a great family activity? Come fish the 35 foot charter boat Janine B on beautiful Cape Cod Bay. We conduct sportfishing trips for striped bass, bluefish, and tuna. Holding up to six anglers, Coast Guard licensed, the Janine B has fished bay waters for over 30 years, and knows where the big ones are. All gear is provided and, if you wish we photograph, clean, and package your fish for you. Groups, families, or individuals, you'll create lasting memories. Please visit our website at www.capecodsportfishing.com.

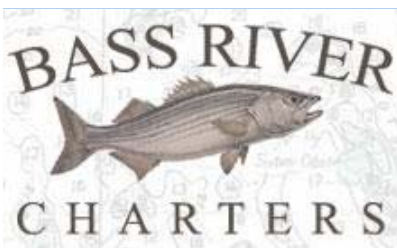
[Sesuit Harbor, Dennis](#) ~ (508) 790-7820 ~ [email](#) ~ www.capecodsportfishing.com



[EmmaJack Charters](#)

Go home with a story of "The one that didn't get away". Catch Striped Bass, Bluefish, Cod, Tuna, Sea Bass and Fluke aboard the EmmaJack, a fully equipped 35' Young Brothers, great for families and groups. Captain Mike Harney has 25 years experience successfully fishing the waters of Nantucket Sound and the shoals from Monomoy Island to Nantucket. Trips leaving daily from the Packett Landing at the Bass River Bridge.

[Bass River, South Yarmouth](#) ~ (508) 737-0363 ~ [email](#) ~ www.emmajackcharters.com



[Bass River Charters](#)

Bass River Charters offers Cape Cod's finest sport fishing charters to the experienced as well as the novice fishermen. Centrally located in the Mid-Cape, we fish out of Bass River in South Yarmouth. Fish for striped bass, bluefish, cod, bluefin tuna, among many others, depending on the time of year. We also provide boating opportunities for the non-fishermen. Cruise the harbors of Cape Cod, have lunch in Nantucket Harbor, or go whale watching. With Bass River Charters, you are guaranteed an exciting experience with unforgettable memories.

[Bridge St, Yarmouth](#) ~ (508) 737-3162 ~ [email](#) ~ www.bassrivercharters.com



[Hy-Line Cruises](#)

Catch the Excitement! Cruise into Nantucket Sound and find yourself in one of the best areas for fishing on the East Coast! Whether your choice is bottom ir blues, we have everything you need to take part in the action...all you have to do is show up! (508)790-0696

[138 Ocean Street Dock, Hyannis](#) ~ [email](#) ~ www.hylinecruises.com

Activities :: Golf



[Blue Rock Golf Course](#)

Blue Rock has been called one of the finest par-three courses in America. Meticulously maintained and measuring 3,000 yards from the professional tees, with holes ranging from 103 to 255 yards. Clubs, pull carts, and motorized carts are available for rent, and the Grill Room restaurant serves full meals daily in season. The Golf Academy, led by PGA Professional Patrick Fannon, uses the latest technology, including P3Pro Swing Analysis. Fully stocked Pro Shop. Open year round to the public with starting times accepted by phone.

[48 Todd Road, South Yarmouth](#) ~ (508) 398-9295 ~ [email](#) ~ www.redjacketresorts.com



['Fit-To-A-Tee' Golf Shop](#)

We are the only professional golf club fitters on Cape Cod that lets you test your clubs indoors as well as outdoors on our grass tee range. This is the ultimate test of your equipment. We also offer a full service Pro Shop featuring the top brands in golf, including certified fitting for Titleist, Cobra, Callaway, Mizuno, Taylor Made and more. We have a large selection of used clubs and can repair or regrip yours. Professional golf lessons, Lie&Loft adjustments on site. We offer the latest in laser swing analysis. Beginners are welcome!

[928 Rt. 28, South Yarmouth](#) ~ (508) 398-4653 ~ [email](#) ~ www.fit-to-a-tee.com

[Bass River Golf Course](#)

Wide fairways and traditionally small undulating greens make the course both a pleasure and a challenge to play. Full service pro shop, snack bar, and on site pros.

[62 High Bank Rd, South Yarmouth](#) ~ (508) 398-9079 ~ [email](#) ~ www.golfyarmouthcapecod.com

[Hyannis Golf Club](#)

A par 71, 18 hole public course with a 55 Station Practice Range and 2 Practice Greens. The course offers extremely fast, smooth greens & rolling tree-lined terrain.

[Rte 132, Hyannis](#) ~ (508) 362-2606 ~ [email](#) ~ www.hyannisgc.com

Activities :: Kayaking/Canoeing



[Cape Cod Sea Sports](#)

At Cape Cod Sea Sports kayak and Canoe center we offer one of the the largest selections of Kayaks and Canoes in New England. We offer sales, rentals, demos boats, and kayak instruction. Whether you're looking for an ultra-light, ultra-stable, touring, recreational or fishing kayak or canoe - we have what you are looking for, and our professional staff of fellow kayakers are more than happy to outfit you! Family owned business, open year round.

[195 Ridgewood Ave., Hyannis](#) ~ (508) 790-1217 ~ [email](#) ~ www.capecodseasports.com

Activities :: Mini Golf



[Pirate's Cove Adventure Golf](#)

Pirate's Cove , "the Original Adventure Golf," offers an unequalled miniature golf experience! The adventures and legends of pirates come to life in our theme park settings. Putt your way through caves, over footbridges, and under cascading waterfalls, all amidst a fun-filled atmosphere of natural wonders, extraordinary landscaping, and enchanting pirate lore. Voted Cape Cod Life Magazine "Best Kid's Activity" 14 years in a row Mini golf is a wholesome, quality, family oriented entertainment option that promises a fun and unique experience for players aged 3 years to 93 years! After a round of golf visit the Marketplace for Blackbeard's Arcade, Pirate Goods, and ice cream.

[728 Main Street, South Yarmouth](#) ~ (508) 394-6200 ~ www.piratescove.net

Activities :: Paintball / Laser Tag



[Balls To The Wall](#)

At Balls to the Wall Paintball and Cape Cod Lazer runner you're sure to find the entertainment you've been looking for. With 40,000 sqft of heart pounding lazer tag and paintball, a full paintball pro-shop and an indoor skate park opening in June, your family will want to return year after year. Give us a call or go to our website for more information. Indoors, air conditioned and open year round. Located in the heart of Cape Cod! Come in as a group or just drop off the kids, no reservations necessary! Come on in and give us a shot!

[96 Airport Road, Hyannis](#) ~ (508) 778-0100 ~ [email](#) ~ www.ballstothewallpaintball.com

Activities :: Performing Arts



[Cape Playhouse](#)

For each season of its over 80 years, the Playhouse has aimed to bring the best performers, favorite and familiar plays, comedies, mysteries and musicals to the audiences of Cape Cod. The opening performance on July 4, 1927 was The Guardsman, starring Basil Rathbone and it seems that almost every well known star of stage, screen and TV has walked the stage of the Cape Playhouse. Children will enjoy classic tales, zany humor, beloved stories and lively music - each production a wonderful way to introduce young people to the joys of theatre. The Cape Playhouse has become a summer tradition for those seeking great entertainment.

[820 Main Street, Dennis](#) ~ (877) 385-3911 ~ [email](#) ~ www.capeplayhouse.com

Activities :: Sightseeing & Tours

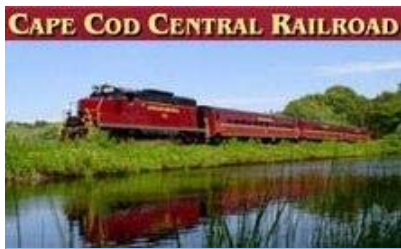


[Hy-Line Cruises](#)

Set Sail to Sightsee! Welcome aboard Prudence, our 1911 Maine coastal steamer, for a 1-hour cruise and learn about the local history and area landmarks on your way to view the historic Kennedy Compound in Hyannisport. (508)790-0696

[138 Ocean Street Dock, Hyannis](#) ~ [email](#) ~ www.hylinecruises.com

Activities :: Tours



[Cape Cod Central Railroad](#)

Railroading on Cape Cod has a rich and colorful history, spanning over 150 years! Experience the rhythm of the rails on a 50 mile ride that traverses sand dunes, cranberry bogs, salt marshes, and the famous Cape Cod Canal. Choose a two hour narrated tour or one of our popular dining journeys, with your family on the Family Supper Train, an Elegant Dinner Train, for adults only or join us for the Sunday Brunch Train. Check out our special events and ask about private charters for groups. "One of America's Great Train Rides"...Parade Magazine 2010.

[252 Main Street, Hyannis](#) ~ (508) 771-3800 ~ [email](#) ~ [www.capetrain.com](#)

Activities :: Baseball



[Yarmouth/Dennis Red Sox](#)

Home Field: "Red" Wilson Field, DYRHS, 210 Station Avenue, South Yarmouth Capacity 5,000
Outfield Dimensions LF 346 CF 352 RF 338

[210 Station Ave, South Yarmouth](#) ~ [www.ydredsox.org](#)



[Cotuit Kettleers](#)

Home Field: Lowell Park, 10 Lowell Avenue, Cotuit Capacity 2,000; 600 seating OF Dimensions: LF 320 CF 399 RF 320

[10 Lowell Avenue, Cotuit](#) ~ (508) 420-2103 ~ [www.kettleers.org](#)



[Hyannis Harbor Hawks](#)

Home Field: McKeon Field, 120 High School Road, Hyannis Capacity: 3000; Seating: 700; OF Dimensions: LF 330 CF 400 RF 325

[120 High School Road, Hyannis](#) ~ (508) 364-3164 ~ [www.harborhawks.org](#)

Art & Museums :: Art & Crafts

[Red Fish Blue Fish](#)

Our shop brings a bit of whimsy and humor into your everyday life by carrying works that are fun, functional, and affordable. Enjoy treasures like jewelry to soap to knick knacks.

[374 Main Street, Hyannis](#) ~ (508) 775-8700 ~ [email](#) ~ [www.redfishbluefish.com](#)

Art & Museums :: Art Galleries

[WINSTANLEY-ROARK FINE ARTS GALLERY](#)

As artists, art historians, and gallery owners we have carefully and selectively invited other master internationally recognized artists to show at the gallery.

[744 Main Street, Dennis](#) ~ (508) 385-4713 ~ [email](#) ~ [www.masterfulart.com](#)

Art & Museums :: Art Museums

[Cape Cod Museum of Art](#)

Bring the kids to the Kids' Treasure Hunt in the Galleries. Parents enjoy the interaction of sharing art with the children. We offer summer programs for children of all ages.

[60 Hope Lane, Dennis](#) ~ (508) 385-4477 ~ [email](#) ~ [www.ccmoa.org](#)

Art & Museums :: Historical Museums



[John F. Kennedy Hyannis Museum](#)

A visit to the John F. Kennedy Hyannis Museum will provide you with a glimpse of what Cape Cod meant to our 35th president. Video and photo displays show John Kennedy and his family relaxing, playing football at the Kennedy Compound, and sailing on the ocean to which he was so drawn. The exhibit features over 80 photographs spanning the years 1934 to 1963. The museum is operated by the Hyannis Area Chamber of Commerce and is open 7 days a week from April through October, with more limited hours off season.

[397 Main St, Hyannis](#) ~ (508) 790-3077 ~ [email](#) ~ www.jfkhyannismuseum.org

Dining :: Bakeries/Coffee Shops

[Buckie's Biscotti](#)

Located in the heart of Cape Cod, you can't go wrong at Buckies. Plenty of fun & food makes Buckies Biscotti a great place for your favorite coffee, espresso and tea and pastries.

[281 Main St., Dennisport](#) ~ (508) 398-9700 ~ [email](#) ~ www.buckiesbiscotti.com

[Grumpy's](#)

If you have a hearty appetite, Grumpy's is the place to go for affordable breakfast or lunch. Well known for our delicious homemade soups, hearty meals, and warm atmosphere.

[1408 Main Street, East Dennis](#) ~ (508) 385-2911 ~ [email](#) ~ www.grumpyscapecod.com

[Brown Bag Bagels & Deli](#)

2008 & 2009 Best of Cape Best Coffee Shop Winner!! Our bagels are made on location. We bake them fresh every day. Green Salads, Homemade Soups & Free Wi-Fi.

[70 Center St, Hyannis](#) ~ (508) 771-7877 ~ [email](#) ~ brownbagbagels.net

[Pain D'Avignon](#)

Our store has always been a part of our bakery. In the beginning we only sold bread and throughout the years it has become one of the rare local stores where you can come and enjoy different gourmet treats. Visit soon to satisfy your gourmet lover's cravings!

[15 Hinckley Road, Hyannis](#) ~ (508) 778-8588 ~ [email](#) ~ www.paindavignon.com

Dining :: Casual Dining



[Bobby Byrne's Restaurant & Pub](#)

Since 1973, Bobby Byrnes's has been Cape Cod's Eating, Drinking and Talking Establishment. There is a large bar with barstools and televisions. Bobby Byrnes has an extensive menu that will appeal to everyone including children 12 and under who can get a mini burger and fries for or grilled cheese. You'll find a nice assortment of soups; 14 appetizers in the \$8.00 range; sandwiches, wraps, steaks, fish and all sorts of chicken dishes. Two other locations in Sandwich and Mashpee. 508-775-1425

[489 Bearses Way, Hyannis](#) ~ [email](#) ~ www.bobbybyrnes.com



[Black Cat Tavern](#)

Under the new ownership of Dave Colombo this waterfront restaurant, perched right on Hyannis Harbor just got a major facelift. The new look is all about laid back, upscale nautical and the menu keeps the focus on an extensive selection of native seafood with plenty of alternatives to keep everyone in the crowd happy. What could be better than eating fried clams on the patio while watching boats sail in and out of the harbor? Serving lunch, dinner and Sunday brunch, with a tavern menu available in the lounge, from April 1st to January 1st.

[165 Ocean Street, Hyannis](#) ~ (508) 778-1233 ~ [email](#) ~ www.blackcattavern.com



[Colombo's Cafe & Pastries](#)

Located in the heart of downtown Hyannis, Colombo's Café and Pastries combines an open kitchen, high ceiling and energetic atmosphere to create a North End Boston feel. The dining room, bar and seasonal patio are Hyannis' premier people watching destinations. The menu features loads of Italian classics; pasta selections, thin crust pizzas, steaks and local seafood. With dozens of house made Italian pastries and cookies available, dessert is a must, especially when paired with a cappuccino or espresso. Serving lunch and dinner year round.

[544 Main Street, Hyannis](#) ~ (508) 790-5700 ~ [email](#) ~ www.colomboscafe.com



[The Roadhouse Cafe](#)

For more than 28 years, this downtown Hyannis mainstay has drawn big crowds and high praise. It's ranked the highest rated restaurant on the Cape & Islands by Phantom Gourmet and was voted "Best Fine Dining" and "Best Piano Bar" in the mid-Cape area by Cape Cod Life Magazine 2009. The menu features native seafood, thick chops, prime beef and Italian specialties with an extensive wine list. Light fare available. Serving dinner nightly at 4 pm year round with early birds from 4 to 6 pm. Piano bar Friday and Saturday and Live Jazz every Monday.

[488 South St, Hyannis](#) ~ (508) 775-2386 ~ [email](#) ~ [www.roadhousecafe.com](#)



[Kream N' Kone](#)

Welcome back to our 57th year on Cape Cod! Along with the pleasant atmosphere over looking Swan River, come in for the "The Best Fried Seafood Anywhere." We buy and serve fresh and top quality seafood. Call for takeout orders.

[961 Rte 28, West Dennis](#) ~ (508) 394-0808 ~ [email](#) ~ [www.kreamnkone.com](#)



[Burrito Bistro](#)

Burrito Bistro "B2" is all about tasty food, cooked fresh, served fast! Burrito Bistro prepares its food with the freshest ingredients and finest cooking methods. You may dine in and enjoy our hip casual atmosphere or take out. Either way you'll love Burrito Bistro!

[790 Iyannough Rd, Hyannis](#) ~ (508) 771-6071 ~ [email](#) ~ [www.burritobistro.com](#)



[Paradise Pizza](#)

Since 1976, Joey Cardillo and his family have been making specialty pizzas, both thin-crust and traditional. Our chicken wings, fried shrimp, salads, wraps, and Italian dinners are made with the freshest ingredients. We serve beer and wine. Eat in our family-friendly atmosphere or take out. Delivery West Dennis & Dennisport. Ask about our FREE PIZZA!

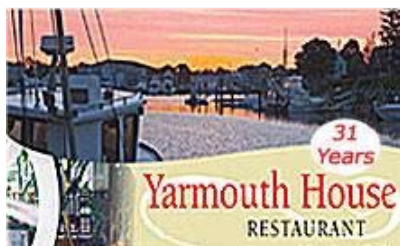
[74 School Street, West Dennis](#) ~ (508) 398-9177 ~ [email](#) ~ [www.paradisepizzajoe.com](#)



[DiParma Italian Table](#)

DiParma Italian Table brings you a touch of Tuscany in a unique setting, that offers a wide choice of Italian specialties, pasta, pizza, and a superb wine selection. The warm and friendly atmosphere will surely delight those looking for an authentic Italian feel, that's why DiParma is quickly becoming one of Cape Cod's most popular Italian dining experiences.

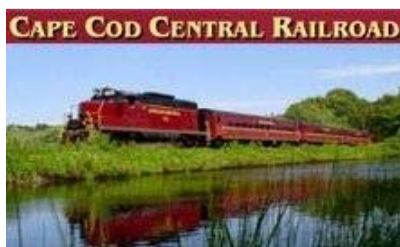
[175 Rt.28, West Yarmouth](#) ~ (508) 771-7776 ~ [email](#) ~ [www.diparmarestaurant.com](#)



[Yarmouth House Restaurant](#)

The Kounadis family has been welcoming guests to the Yarmouth House Restaurant for well over two decades. Your hosts take pride in presenting guests with the ultimate in excellent dining and have made the Yarmouth House one of Cape Cod's most popular dining experiences. Whether your craving is for fresh, native seafood, choice beef entrees, or the featured chef-prepared specialties, Yarmouth House is sure to please.

[335 Rt 28, West Yarmouth](#) ~ (508) 771-5154 ~ [email](#) ~ [www.yarmouthhouse.com](#)



[Cape Cod Central Railroad](#)

Railroading on Cape Cod has a rich and colorful history, spanning over 150 years! Experience the rhythm of the rails on a 50 mile ride that traverses sand dunes, cranberry bogs, salt marshes, and the famous Cape Cod Canal. Choose a two hour narrated tour or one of our popular dining journeys, with your family on the Family Supper Train, an Elegant Dinner Train, for adults only or join us for the Sunday Brunch Train. Check out our special events and ask about private charters for groups. "One of America's Great Train Rides"...Parade Magazine 2010.

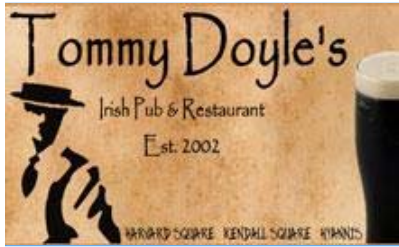
[252 Main Street, Hyannis](#) ~ (508) 771-3800 ~ [email](#) ~ [www.capetrain.com](#)



[Barnstable Tavern](#)

The Barnstable Restaurant and Tavern Chef/Owner Bob Calderone brings "Great Food and Friendly Service" to Historic Rte. 6A across from the Courthouse in Barnstable Village. Open every day for lunch and dinner, we always serve fresh and if possible local food! Known as a Cape Cod/American Restaurant, we offer a full menu with Creative Appetizers, Refreshing Salads, and Fabulous Seafood, Meats and Italian specialties. On the lighter side, we have Thin Crust Pizzas and an award winning Tavern Burger and all of your favorite Fried Seafood!

[3176 Main Street, Barnstable](#) ~ (508) 362-2355 ~ [email](#) ~ [www.barnstablerestaurant.com](#)



[Tommy Doyle's](#)

Tommy Doyle's is a cozy and comfortable pub with a diverse menu, including authentic Irish food as well as traditional pub food, such as nachos, wings, burgers, and fajitas. We have daily specials and a children's menu. Full bar. Eat in or take out. Handicap access. Owner Alan O'Sullivan first came to the Cape from Ireland in the 1990s for summer work and has been a Cape resident ever since. Come enjoy the hearty food and lively Irish atmosphere!

[34 Main St, Hyannis](#) ~ (508) 862-9430 ~ [email](#) ~ [www.tommydoyles.com](#)



[Fresh Ketch Seafood-n-Steak](#)

Fresh, local seafood and prime steaks – the best of both worlds! Our lunch and dinner menus feature our award-winning clam chowder and lobster salad, as well as steamers, crab cakes, lobster bisque, or raw bar. Or build your own burger. Special kids menu – meals served on Frisbees! Our four dining rooms, all with nautical décor, include a function room to accommodate 200. A full lounge offers sports on LCD TVs and Karaoke, with Liz Soloman and Ken Wade from WRZE, every Friday and Saturday night from 9 pm.

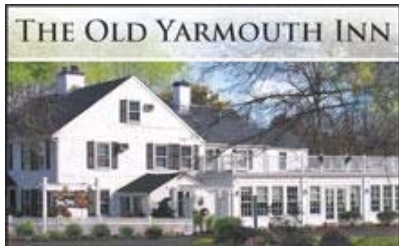
[462 Main Street, Hyannis](#) ~ (508) 771-8585 ~ [www.fresh-ketch.com](#)



[Lyric](#)

Chosen as an Open Table Diners' Choice winner for 2009, Lyric offers contemporary cuisine in a sophisticated but cozy atmosphere and a friendly, knowledgeable staff. Specialties include lobster bake stuffed with quahog and chorizo stuffing, caramelized scallops, rack of lamb, and filet mignon. Featuring a piano bar and an exceptional wine list. Dinner starting at 4 pm. Reservations are suggested.

[43 Rt 6A, Yarmouth Port](#) ~ (774) 330-0000 ~ [email](#) ~ [www.lyriccapecod.com](#)



[The Old Yarmouth Inn](#)

The Old Yarmouth Inn offers classic cuisine for the next generation; the best in fresh local fish, shellfish, steaks and pasta. Whether you are looking for a casual meal in our cozy wood paneled tavern or a view of our gardens from the dining room, once you have experienced The Old Yarmouth Inn's delightful menu, warm, friendly staff and awesome wine selection you will know why we have become one of the most popular dining destinations on the Cape.

[223 Rt 6A, Yarmouth Port](#) ~ (508) 362-9962 ~ [email](#) ~ [www.oldyarmouthinn.com](#)



[The Optimist Cafe](#)

Enjoy a unique dining experience at the Optimist Café in this charming 1849 Gothic Revival home. Selected in 2009 as Cape Cod Life editors' choice for the "Best Breakfast" award, the café also offer brunch, lunch, high tea, and a wine bar. Start your day at this favorite breakfast spot or take a break from the beach or sight-seeing for a delicious lunch. All menu offerings are prepared fresh using only the highest quality ingredients. The café welcomes all private parties and will gladly personalize the menu to suit your needs.

[134 Rt 6A, Yarmouth Port](#) ~ (508) 362-1024 ~ [email](#) ~ [www.optimistcafe.com](#)



[Swan River Restaurant & Fish Market](#)

In its scenic location at the mouth of the Swan River, our restaurant has become a landmark for visitors and native Cape Codders alike. Throughout each day, fishermen, lobstermen, and shell fishermen bring in their catch to our bustling fish market. It is immediately prepared for sale in our market or sent to our restaurant for the freshest seafood dinners found anywhere. We insist on quality and take pride in the freshness of our products. Our traditional clambakes include chowder, steamers, mussels, lobster, and sausage.

[5 Lower County Road, Dennis Port](#) ~ (508) 394-4466 ~ [email](#) ~ [www.swanriverseafoods.com](#)



[LaScala](#)

LaScala is a family-friendly restaurant that will delight you with a genuine Italian dining experience. We serve fresh, simple, delicious Italian food, complemented by a great glass of wine, served in a comfortable, home-like Italian setting where everyone is welcomed as family and friends. Our lounge has a comfortable bar equipped with a 42" flat screen TV to watch your favorite teams. Open year-round Tues. through Sun., starting at 5 pm. We can accommodate large parties for group gatherings, buffet style or off the menu. Take-out available.

[106 Depot Road, Dennis Port](#) ~ (508) 398-3910 ~ [email](#) ~ [www.lascalaoncapecod.com](#)



[Barolo Italian Steakhouse](#)

Enjoy an authentic Italian meal prepared from scratch by our award-winning chef, Elono DeDominicis, and his staff. Our pasta is hand-made twice daily, and our breads and gelatos are home-made too. We serve only dry-aged, 100% Angus beef. On warm summer nights, dine al fresco by the fountain in our piazza. Join us for dinner before the Cape Cod Melody Tent or for cocktails and late-night food afterwards. We offer a full menu at the bar and a special late night bar menu. Extensive wine list. Serving dinner 7 days a week beginning at 5 pm.

[297 North Street, Hyannis](#) ~ (508) 778-4200 ~ [email](#) ~ [www.baroloitaliansteakhouse.com](#)



[Sand Dollar Bar & Grill](#)

Voted "Best Neighborhood Bar on Cape Cod" in 2008 and 2009, The Sand Dollar offers a seasonal menu featuring fresh native seafood, chowder, salads, burgers, pizza, chicken, and a variety of appetizers. Happy Hour on Fri., Sat., and Sun. includes live music and a 99¢ Raw Bar, sponsored by East Dennis Oyster Farm. Great nightly entertainment, including our famous "Kids Karaoke" on Tuesday & Wednesday 5-8. Families, join us! Open daily from 11:30 a.m. to midnight.

[244 Lower County Road, Dennis Port](#) ~ (508) 398-4400 ~ [email](#) ~ [www.sanddollarbg.com](#)



[Village Pizza](#)

Yarmouthport Village Pizza offers more than just pizza. Our extensive menu includes all varieties of pasta dinners served with garlic bread. Or try our fried seafood, calzones, subs, wraps, soups, and salads. Great family-friendly atmosphere – special menu for the kids. Beer and wine served. Take out or delivery available as well. Open 11am to 10pm.

[715 Main Street, 6A, Yarmouth Port](#) ~ (508) 362-2288 ~ [email](#) ~ [www.yarmouthportvillagepizza.com](#)



[Mattakeese Wharf](#)

Enjoy waterfront dining at its best. Located right on the water in Barnstable Harbor, the Mattakeese Wharf restaurant offers lunch, dinner, and Sunday brunch. House specialties include cioppino and lobsters, but we also feature many other seafood dishes, as well as pasta and meat. Children's menu available. Located next to the whale watching boat. See the whales, then enjoy a great lunch or dinner at the Mattakeese. Open from May until the 3rd week of October. Reservations suggested.

[273 Millway Road, Barnstable](#) ~ (508) 362-4511 ~ [email](#) ~ [www.mattakeese.com](#)



[Embargo Tapas & Martini Bar](#)

Embargo brings an urban flair to Cape Cod. We specialize in "tapas," small-portion dishes that allow you to experience a multitude of flavors, textures, and tastes. Complement the tapas with our specialty martinis or sangria. Embargo was voted by Cape Cod Life magazine as 2009's "Best place for cocktails." Our menu includes hot and cold tapas, raw bar, spring rolls, sliders, and salads. Most tapas are half off on Thursdays. Enjoy tapas the way the Spanish do -- in an unhurried, casual atmosphere. Nightly entertainment.

[453 MAIN STREET, Hyannis](#) ~ (508) 771-9700 ~ [email](#) ~ [www.embargorestaurant.com](#)



[Molly's Restaurant & Pub](#)

American cuisine with an Irish accent! Welcome to Molly's. Serving popular fare, Prime Rib and seafood specialties prepared by an award-winning Chef, along with an outstanding collection of ales, beers, draughts and libations from around the world.

[585 Route 28, W. Yarmouth](#) ~ (508) 778-1927 ~ [www.mollyscapecod.com](#)



[Inaho Japanese Restaurant](#)

Inaho's fine Japanese cuisine is complemented by excellent Sake choices and a full bar. Enjoy the freshest sushi and sashimi, inventive makis, tempuras, teriyakis and a long list of appetizers. Complementing the authenticity of the food is the subtle decor.

[157 Rt 6A, Yarmouth Port](#) ~ (508) 362-5522 ~ [inahocapecod.com](#)



The British Beer Company

Across the pond, the pub or "local" is the center of town life. An eclectic menu, unparalleled beer and cocktail choices, and an array of music nightly, make the British Beer Company the local destination for English pub-style fun, relaxation and refreshment.

412 Main Street, Hyannis ~ (508) 771-1776 ~ [email](mailto:) ~ www.britishbeer.com

Harvest Gallery Wine Bar

A unique dining experience awaits in an artistic and cultural atmosphere ~ an intimate, diverse gallery featuring Cape Cod Contemporary Art representing over 30 artists. Full menu with seasonal specials and desserts plus wines and beers from around the world.

776 Main St., Dennis ~ (508) 385-2444 ~ [email](mailto:) ~ www.harvestgallerywinebar.com

Cooke's Seafood

This family-owned restaurant serves the best fried and broiled seafood on Cape Cod. Using original family recipes, we serve tender, light seafood and crispy, sweet onion rings.

1120 Route 132, Hyannis ~ (508) 775-0540 ~ [email](mailto:) ~ www.cookesseafood.com

Hearth 'n Kettle

A wide variety of food is made from scratch by our own trained chefs using original recipes and the freshest ingredients available including fresh native seafood!

Route 132 and Bearses Way, Hyannis ~ (508) 771-3000 ~ [email](mailto:) ~ www.hearthnkettle.com

Naked Oyster Bistro & Raw Bar

Specializing in fresh local seafood, the Naked Oyster evokes a chic urban yet casual vibe. All our seafood comes from local waters and we raise over 375,000 oysters every year.

20 Independence Dr, Hyannis ~ (508) 778-6500 ~ [email](mailto:) ~ www.nakedoyster.com

The Paddock

A Cape Cod institution! The menu is driven by local, fresh ingredients consisting of an amazing variety of daily delivered seafood and prime cuts of meat.

20 Scudder Ave, Hyannis ~ (508) 765-7677 ~ www.paddockcapecod.com

Keltic Kitchen

Breakfast fare based on Irish staples of meat, potatoes and vegetables is on the Keltic Kitchen menu. Dishes like the Irish Farmhouse Breakfast feed hearty American appetites.

415 Route 28, West Yarmouth ~ (508) 771-4835 ~ [email](mailto:) ~ www.thekeltickitchen.com

Seafood Sam's

Sam's is your family's recipe for a memorable Cape Cod summer! We offer the best local baked, broiled, stuffed or fried seafood with friendly, fast service at reasonable prices.

1006 Route 28, Yarmouth ~ (508) 394-3504 ~ [email](mailto:) ~ www.seafoodsamsyarmouth.com

Brazilian Grill

We offer an authentic Brazilian dining experience serving you "Rotisserie Barbeque." We also offer a full buffet of soups, fresh salads, cheese, hot entrees, and side dishes.

680 Main Street, Hyannis ~ (508) 771-0109 ~ [email](mailto:) ~ www.braziliangrill-capecod.com

Sam Diego's Mexican Cookery & Bar

Sam Diego's Mexican Cookery & Bar is the place to go for Food, Fun and Fiesta. Sam's offers award-winning cuisine featuring Mexican specialties, and our famous Baby Back Ribs.

950 Iyannough Road, Hyannis ~ (508) 771-8816 ~ hyannis.samdiegos.com

Dining :: Fine Dining



The Ocean House Restaurant

A consistent "best of" restaurant, including excellent Zagat ratings, and winning rave reviews from diners, Ocean House offers both a fabulous location on Nantucket Sound and a superior dining experience. Chef Anthony Silvestri's innovative menu combines exotic ingredients and local traditions resulting in inspired fusion cuisine. The wine list is extensive, including 25 selections by the glass. "Specialty Martinis" set the tone in the ocean front lounge. The Ocean House is being called the "Shi-Shi" Beach House of the Cape.

425 Old Wharf Road, Dennisport ~ (508) 394-0700 ~ [email](mailto:) ~ www.oceanhouserestaurant.com



The Red Pheasant

The Red Pheasant is a local favorite for fresh, natural, whole ingredients featuring sustainably raised meats and day boat seafood in a special Cape setting. Bistro selections, Wine & Martini Bar and Three Course \$25 Early Evening Dinners are available. Enjoy the beautiful flower and herb gardens in the summer or dine by one of the wood burning fireplaces in the winter. Chef owned since 1977. Zagat rated "Top 5 on Cape Cod" for 2010- 2011.

905 Route 6A, Dennis ~ (508) 385-2133 ~ [email](mailto:) ~ www.redpheasantinn.com



[Eclectic Cafe](#)

Away from the hustle and bustle of the main street, you'll find an alluring brick path that brings you to the Eclectic Café, where you can enjoy fine dining in the charming and casual atmosphere of the indoor restaurant or outdoors in a garden oasis. Or enjoy the cozy lounge with its friendly Cheers-style atmosphere. The open kitchen allows patrons to watch Chef Jeff Dunn and his staff creating entrees, drawing from the freshest Cape Cod seafood and the choicest prime meats, poultry, and vegetables. Open 7 days a week from 5 pm to 1 am.

[606 Main Street, Hyannis](#) ~ (508) 771-7187 ~ [email](#) ~ [www.eclecticcafecapecod.com](#)

[Blue Moon Bistro](#)

Homemade Mediterranean cuisine in an atmosphere of comfortable sophistication. Ingredients are fresh and whenever possible, from local purveyors - even from the Chef's garden. Complementary colors in the dining room enhance your culinary experience.

[605 Main St., Dennis](#) ~ (508) 385-7100 ~ [email](#) ~ [www.bluemoonbistro.net](#)

Dining :: Ice Cream & Candy



[Kream N' Kone](#)

Welcome back to our 57th year on Cape Cod! Along with the pleasant atmosphere over looking Swan River, come in for the "The Best Fried Seafood Anywhere." We buy and serve fresh and top quality seafood. Call for takeout orders.

[961 Rte 28, West Dennis](#) ~ (508) 394-0808 ~ [email](#) ~ [www.kreamnkone.com](#)



[Sundae School](#)

Our ice cream and frozen yogurts are made using the finest ingredients. Try our light ice cream or a famous hot fudge sundae topped with real whipped cream and a fresh Bing cherry.

[381 Lower County Rd, Dennisport](#) ~ (508) 394-9122 ~ [www.sundaeschool.com](#)



[Cape Cod Chocolatier](#)

Candy making is our passion! Cape Cod Chocolatier is a must visit for lovers of fine chocolates and premium quality homemade candy. Every day, delicious old fashioned chocolates are made in Cape Cod Chocolatier's sparkling clean candy kitchens.

[1600 Falmouth Rd, Centerville](#) ~ (508) 790-4674 ~ [www.capecodchocolatier.com](#)

[Cape Cod Creamery](#)

WANT TO GET AWAY? Escape through the flavors of home made ice cream from Cape Cod Creamery! Try Vineyard Vanilla, Chatham Chocolate, Sandyneck Snickers and many more. Let us bring the party to you! Full Ice Cream Party catering.

[1199 Route 28, South Yarmouth](#) ~ (508) 398-8400 ~ [email](#) ~ [www.capecodcreamery.com](#)

[Stage Stop Candy](#)

Our dark chocolate is specially blended to complement even the sweetest of centers. And our milk chocolate is a cocoa lover's surprise. We also have a variety of brittles and hard candies to please any palate. Since 1982, serving Cape Cod's finest handmade candy.

[411 Main Street, Dennisport](#) ~ (508) 394-1791 ~ [email](#) ~ [www.stagestop.pointshop.com](#)

[Four Seas Ice Cream](#)

No visit to Cape Cod would be complete without a visit to the 3rd oldest ice cream shop in New England, situated in an old blacksmith shop in downtown Centerville for 75 years.

[360 South Main Street, Centerville](#) ~ (508) 775-1394 ~ [email](#) ~ [www.fourseasicecream.com](#)

Dining :: Pizza



[Paradise Pizza](#)

Since 1976, Joey Cardillo and his family have been making specialty pizzas, both thin-crust and traditional. Our chicken wings, fried shrimp, salads, wraps, and Italian dinners are made with the freshest ingredients. We serve beer and wine. Eat in our family-friendly atmosphere or take out. Delivery West Dennis & Dennisport. Ask about our FREE PIZZA!

[74 School Street, West Dennis](#) ~ (508) 398-9177 ~ [email](#) ~ [www.paradisepizzajoey.com](#)



[Village Pizza](#)

Yarmouthport Village Pizza offers more than just pizza. Our extensive menu includes all varieties of pasta dinners served with garlic bread. Or try our fried seafood, calzones, subs, wraps, soups, and salads. Great family-friendly atmosphere – special menu for the kids. Beer and wine served. Take out or delivery available as well. Open 11am to 10pm.

[715 Main Street, 6A, Yarmouth Port](#) ~ (508) 362-2288 ~ [email](#) ~ www.yarmouthportvillagepizza.com



[Showtime Pizza](#)

For over twenty years, Showtime has been serving Cape Codders the very best of pizza and pasta, subs and wraps, soups and salads. Our pizza has many times been recognized as the best on Cape Cod. We also offer an extensive catering menu for your entertaining needs. Enjoy your lunch or dinner at the beach with our BEACH PIZZA DELIVERY. For fast delivery to your home, office or the beach call (508) 385-7121.

[614 Main Street, Dennis](#) ~ (508) 385-7122 ~ [email](#) ~ www.showtimepizza.com

[BZ's Mexican Pizzeria](#)

Choose either regular, Sicilian or thin crust pizza. If you are not in the mood for pizza or Mexican dining ~ try a Syrians or Black Angus Burger.

[682 Main Street, Dennis Port](#) ~ (508) 394-6247 ~ [email](#) ~ bzsplizza.com

Dining :: Produce Market



[Cape Abilities Farm](#)

In season, you can buy fresh, locally grown produce, flowers and plants at the farm stand. At Cape Abilities Farm, 50 people with disabilities work in all aspects of farm management which all culminates with some of the nicest and flavorful vegetables offered in the area. You can become a Cape Abilities Farm Member and save 20% your vegetable purchases. It's easy, safe and secure to Adopt a Bee, 3 Bees, Tomato Plant, Farm Patch, Beehive or Farm Field. Each online adoption supports Cape Abilities Farm and creates jobs for people with disabilities on Cape Cod. Stop by or visit their website.

[458 Main St., Dennis](#) ~ (508) 778-5040 ~ [email](#) ~ www.capeabilities.org

[Tobey Farm](#)

Tobey Farm has been in the same family for 11 generations, and is an active garden center with flowers and farmer's market produce for sale. Enjoy Eaton Farm fudge and penny candy.

[352 Main St, Dennis](#) ~ (508) 385-2930 ~ [email](#) ~

Dining :: Seafood Market

[Swan River Restaurant & Fish Market](#)

A landmark for both visitors and native Cape Codders, our restaurant and fish market offer the freshest seafood and lobster. Traditional clambakes can be prepared at your location.

[5 Lower County Road, Dennisport](#) ~ (508) 394-4466 ~ [email](#) ~ www.swanriverseafoods.com

Dining :: Take Out



[Kream N' Kone](#)

Welcome back to our 57th year on Cape Cod! Along with the pleasant atmosphere over looking Swan River, come in for the "The Best Fried Seafood Anywhere." We buy and serve fresh and top quality seafood. Call for takeout orders.

[961 Rte 28, West Dennis](#) ~ (508) 394-0808 ~ [email](#) ~ www.kreamnkone.com

Dining :: Waterfront Dining



[The Ocean House Restaurant](#)

A consistent "best of" restaurant, including excellent Zagat ratings, and winning rave reviews from diners, Ocean House offers both a fabulous location on Nantucket Sound and a superior dining experience. Chef Anthony Silvestri's innovative menu combines exotic ingredients and local traditions resulting in inspired fusion cuisine. The wine list is extensive, including 25 selections by the glass. "Specialty Martinis" set the tone in the ocean front lounge. The Ocean House is being called the "Shi-Shi" Beach House of the Cape.

[425 Old Wharf Rd, Dennisport](#) ~ (508) 394-0700 ~ [email](#) ~ [www.oceanhouserestaurant.com](#)



[Mattakeese Wharf](#)

Enjoy waterfront dining at its best. Located right on the water in Barnstable Harbor, the Mattakeese Wharf restaurant offers lunch, dinner, and Sunday brunch. House specialties include cioppino and lobsters, but we also feature many other seafood dishes, as well as pasta and meat. Children's menu available. Located next to the whale watching boat. See the whales, then enjoy a great lunch or dinner at the Mattakeese. Open from May until the 3rd week of October. Reservations suggested.

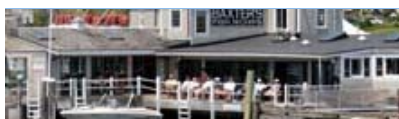
[273 Millway Road, Barnstable](#) ~ (508) 362-4511 ~ [email](#) ~ [www.mattakeese.com](#)



[Swan River Restaurant & Fish Market](#)

In its scenic location at the mouth of the Swan River, our restaurant has become a landmark for visitors and native Cape Codders alike. Throughout each day, fishermen, lobstermen, and shell fishermen bring in their catch to our bustling fish market, It is immediately prepared for sale in our market or sent to our restaurant for the freshest seafood dinners found anywhere. We insist on quality and take pride in the freshness of our products. Our traditional clambakes include chowder, steamers, mussels, lobster, and sausage.

[5 Lower County Road, Dennis Port](#) ~ (508) 394-4466 ~ [email](#) ~ [www.swanriverseafoods.com](#)



[Baxter's Boathouse](#)

Cape Cod restaurants, waterfront dining and entertainment don't get any better than Baxter's Fish & Chips, conveniently located in Hyannis at the Foot of Pleasant Street on Hyannis Harbor. Baxter's restaurant is famous throughout Cape Cod for its Fresh Seafood.

[177 Pleasant Street, Hyannis](#) ~ (508) 775-4490 ~ [email](#) ~ [www.baxterscapecod.com](#)



[Mattakeese Wharf](#)

Settle into your seat under the awning on the wrap-a round deck and watch the sun set while you dig into a bowl of sweet steamed clams drenched in butter. Ahhhh... this is Cape Cod at its best! Serving lunch, dinner and Sunday brunch May to October..

[273 Millway Road, Barnstable](#) ~ (508) 362-4511 ~ [email](#) ~ [www.mattakeese.com](#)

[Tugboats](#)

Overlooking Hyannis Harbor, Tugboats offers quality dining at affordable prices. Come casual, bring the kids, rated the best outside dining on the Cape. Lunch and Dinner Daily.

[21 Arlington Street, Hyannis](#) ~ (508) 775-6433 ~ [email](#) ~ [www.tugboatscapecod.com](#)

[Clancy's of Dennisport](#)

Voted Best Family Dining, Clancy's has served only the freshest quality of foods at fair market prices in generous portions since 1986. Deck/Raw Bar/Sunday Brunch

[8 Upper County Road, Dennis Port](#) ~ (508) 394-6661 ~ [email](#) ~ [www.clancysrestaurant.com](#)

[Captain Parker's Pub](#)

Overlooking the Parker River, we serve family friendly lunch and dinner seven days a week, Sunday Brunch, and is best known for the multi-award winning, New England clam chowder.

[668 Route 28, West Yarmouth](#) ~ (508) 771-4266 ~ [email](#) ~ [www.captainparkers.com](#)

Fitness & Beauty :: Day Spas



[Cape Cod Body & Soul Day Spa](#)

With over 25 years in the healing arts, come feel nurtured with massage therapy, hot stone, sea weed wraps, aromatherapy, yoga & qigong classes, meditation and more. Just for you!

[11 Rt. 28, Dennis Port](#) ~ (508) 760-5667 ~ [email](#) ~ [www.capecodbodyandsoul.com](#)

[Solstice Day Spa](#)

Solstice is a full service day spa specializing in luxurious, therapeutic spa treatments and facials; innovative hair and makeup designs; perfection from tip to toes!

[408 Main Street, Hyannis](#) ~ (508) 775-7400 ~ [email](#) ~ [www.solsticedayspa.com](#)

Fitness & Beauty :: Fitness Clubs

[Atlantis Sports Club and Spa](#)

From our complete selection of cardio and strength equipment to our beautiful indoor and outdoor pools, sun deck and steam rooms, we truly offer something for everyone.

[35 Scudder Ave, Hyannis](#) ~ (508) 862-2535 ~ [email](#) ~ [www.atlantissportsclubhyannis.com](#)

Fitness & Beauty :: Massage Therapy



[Hands-On Health](#)

Hands-On Health provides a supportive environment that focuses on integrating self-care and therapeutic massage treatments to help you improve your overall well-being. Backed by years of practical experience in the field, along with continued education and hands-on training, our massage services are unparalleled in the area, and are often part of our clients' overall wellness programs – providing relief from pain and restrictions, and helping them achieve a stronger, more balanced and flexible body, with an enhanced mind-body connection.

[305 Hokum Rock Road, Dennis](#) ~ (508) 385-8882 ~ [email](#) ~ [www.handson-health.com](#)

[Cape Cod Body & Soul Day Spa](#)

With over 25 years in the healing arts, come feel nurtured with massage therapy, hot stone, sea weed wraps, aromatherapy, yoga & qigong classes, meditation and more. Just for you!

[11 Rt. 28, Dennis Port](#) ~ (508) 760-5667 ~ [email](#) ~ [www.capecodbodyandsoul.com](#)

Fitness & Beauty :: Yoga / Pilates



[Joe's Place True Pilates](#)

At Joe's Place-True Pilates we'll help you master the magic of the Pilates system - not just mimic the movements. We offer our clients the highest quality instruction in True Pilates as it was originally created by Joseph Pilates and on the apparatus he designed. At Joe's Place-True Pilates you will receive individual attention from a classically-trained, fully-certified instructor who understands how to tailor a workout specifically to your body and capabilities, and you'll enjoy working in an atmosphere defined by energy and professionalism.

[305 Hokum Rock Road, Dennis](#) ~ (508) 385-8882 ~ [email](#) ~ [www.joesplacetruepilates.com](#)

[Yoga Center of Cape Cod](#)

Come to a place where people and instructors can come together and share their knowledge to participate in a safe environment for their spiritual, physical, and mental healing.

[1604 Rte 6A, East Dennis](#) ~ (508) 385-8034 ~ [email](#) ~ [www.yogacenterofcapecod.com](#)

[Cape Cod Body & Soul Day Spa](#)

With over 25 years in the healing arts, come feel nurtured with massage therapy, hot stone, sea weed wraps, aromatherapy, yoga & qigong classes, meditation and more. Just for you!

[11 Rt. 28, Dennis Port](#) ~ (508) 760-5667 ~ [email](#) ~ [www.capecodbodyandsoul.com](#)

Services :: Catering



[Treats Catering](#)

Treats Catering in Dennis has been delivering clambakes to local residents and tourists for 25 years. They come to your door at the appointed time, hot and ready to serve. The menu includes homemade clam chowder, 1 ¼# lobster, steamers and mussels, corn on the cob, new potatoes and sweet Italian sausage. You also receive melted butter, bibs, wet naps, crackers, paper plates and serving utensils. They're delivered piping hot and smell awesome. 15 person minimum on Saturdays, 10 on all other days. \$34.50 each plus tax. Call today!

[25 Scarsdale Road, Dennis](#) ~ (508) 385-1540 ~ [email](#) ~ [www.treatscatering.com](#)

Services :: Photography & Video



[The Studio By The Sea](#)

The Studio by the Sea on Cape Cod creates family & high school senior portraits that will be a treasured part of your family history. We love creating images that capture those memories which tell the story of our lives. The Cape is the perfect place to take magical portraits of childhood, family portraits on the beach that are relaxed and timeless, & senior portraits that are fun, creative, and share with the world the person they are. Photographing life... Photographing community...

[292 Main Street, Hyannis](#) ~ (508) 775-2552 ~ [email](#) ~ [www.thestudiobythesea.com](#)

Services :: Receptions

[The Dennis Inn](#)

The Dennis Inn is a function facility offering a variety of venues and possibilities for your wedding, as well as private, corporate and holiday events.

[25 Scarsdale Rd, Dennis](#) ~ (800) 564-3496 ~ [email](#) ~ [www.dennisinn.com](#)

[The Lighthouse Inn](#)

Our spectacular sunset dining room overlooking Nantucket Sound is available for your wedding. The Lower Deck dining room features a nautical motif lounge & live Entertainment.

[1 Lighthouse Inn Road, West Dennis](#) ~ (508) 398-2244 ~ [email](#) ~ [www.lighthouseinn.com](#)

Services :: Other Personal Services

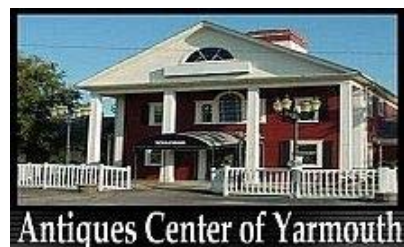


[Business Center of Cape Cod](#)

Do you need to conduct a little business while on vacation? Did you buy a piece of art and need it shipped home? Business Center of Cape Cod is your one stop for Business Services. We offer a full range of printing, faxing, and copy services as well as packing and shipping using UPS and FedEx. Contact us about your project. We can help. Fax # 508-775-9974

[1694 Falmouth Road, Centerville](#) ~ (508) 775-9890 ~ [email](#) ~ [www.bizcentercapecod.com](#)

Shopping :: Antique Shops



[Antiques Center of Yarmouth](#)

With over 150 dealers and consignors, The Antiques Center of Yarmouth offers an impressive variety of antiques and collectibles. We have dealers specializing in glass, pottery, books, jewelry, silver, nautical, decoys, postcards, furniture, antique weaponry, and much more! We pack and ship smaller items and arrange shipping of larger purchases. We are open year round and look forward to your visit.

[325 Route 28, West Yarmouth](#) ~ (508) 771-3327 ~ [email](#) ~ [yarmouthantiques.com](#)

[Antiques Center of Cape Cod](#)

Welcome to The Antiques Center of Cape Cod, the largest and busiest Antiques dealer market on Cape Cod! With 250+ dealers, this year round Antiques Center stays busy each season.

[243 Route 6A, Dennis](#) ~ (508) 385-6400 ~ [email](#) ~ [antiquecenterofcapecod.com](#)

Shopping :: Gift Shops

[The Plum Porch](#)

The Plum Porch is a locally owned and operated gift shop tucked away in the village of Marstons Mills. Walk in and find a unique shower, wedding, and birthday gift.

[181 Cotuit Road, Marstons Mills](#) ~ (508) 420-7118 ~ [email](#) ~ [www.plumporchgifts.com](#)

Shopping :: Grocery

[Ring Brothers Marketplace](#)

Ring Bros. Marketplace is a specialty food like no other. From specialty groceries, fresh seafood, meats & produce, fresh pasta, to wine, beer & liquor, you will find it here.

[485 Rt. 134, South Dennis](#) ~ (508) 394-2244 ~ [ringbrosmarketplace.com](#)

Shopping :: Home & Garden

[Artifacts Fine Furniture/Interior Design](#)

Representing a fresh, exciting perspective on furniture and design, please visit our 16,000-square-foot design showcase for service and personal attention.

[434 Main Street, Hyannis](#) ~ (508) 790-3436 ~ [email](#) ~ [www.artifactsfurn.com](#)

[Cape Rocker](#)

Visit our on-line many upholsted folding rockers and gliders at caperocker.com (508) 394-6834 ~ [email](#) ~ [caperocker.com](#)

Shopping :: Jewelry



[Yarmouth Jewelers](#)

Take home some Cape Cod inspired jewelry as a memento of your vacation – or buy a Cape Cod watch so that you can always remember your “time” on the Cape! Traditional, contemporary, and decidedly different jewelry and gifts, including beachcomber convertible jewelry, Cape Cod jewelry, and nautical gifts. We also have fine and estate jewelry. We will design a piece to meet your specifications. Don't forget to “tickle the keys” on our baby grand piano while you're here! [1086 Rt 28, South Yarmouth](#) ~ (508) 394-3637 ~ [email](#) ~ [YarmouthJewelers.com](#)

Transportation :: Ferries

KIDS RIDE FREE
to Nantucket & the Vineyard

HY-LINE Cruises
Aboard Traditional Ferries

Click here for information & reservations

[Hy-Line Cruises](#)

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Paddling the Pristine Waters of the Cape and Islands

If your idea of the perfect day on Cape Cod or the Islands includes calm and quiet, consider kayaking. Paddling around in a kayak is also the perfect way to see wildlife in their natural habitats.

Cape Cod's many diverse bodies of water provide excellent settings for kayakers of all skill levels and offer more than 60 different kayaking routes. Out on the Islands, the harbors, coves, and ponds are popular with kayakers, as are the South Shore beaches, which offer surf kayaking.

Cape Cod

On the **Upper Cape**, try a relaxing paddle along the Mashpee River in Mashpee; in Wild Harbor or West Falmouth Harbor in Falmouth; or Scorton Creek in Sandwich. Waquoit Bay, a national research reserve, also offers the chance to explore undeveloped Washburn Island. On Buzzard's Bay, take in the calm waters of Pocasset Harbor near Barrett's Island or Vineyard Sound for more experienced kayakers. Coonamesset Pond is a good choice for fresh water paddling.

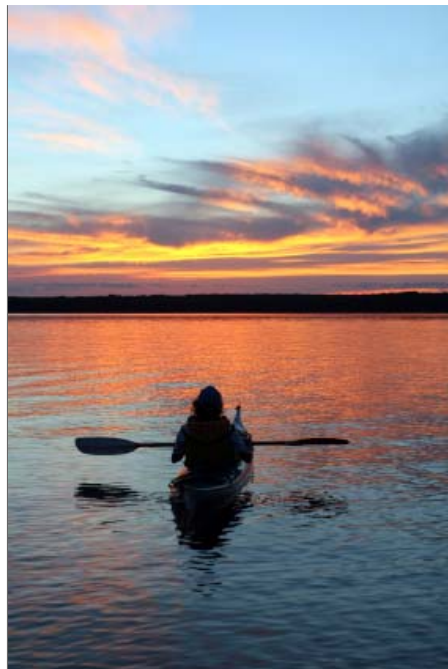
In the **Mid Cape** area, the Herring River, which runs through the 200+ acres of Harwich conservation lands, is a favorite among paddlers of all ages and skill levels. Travel upriver to the marsh to see egrets, great blue herons, and ospreys. Other Mid Cape destinations include Bass River, the longest river on Cape Cod; Swan River; Swan Pond; and Nantucket Sound. For solitude, try Barnstable Harbor and the Great Marsh of West Barnstable, taking time to step onto Sandy Neck Beach.

The **Lower Cape** features Nauset Marsh, one of the most productive salt marsh habitats in the world and a spectacular spot for kayaking. It is ideal for birdwatching and otter-spotting. You may also find sunbathing seals on Nauset's barrier beaches. The waters are calm enough for beginners, but the beauty brings back even the most experienced kayakers time and again. Check the tides before paddling out, however. Low tide results in vast areas of mud flats that could leave you stranded. Other Lower Cape choices are Pleasant Bay; Chatham's Oyster River; and Cliff Pond, Flax Pond, and Little Cliff Pond in Brewster's Nickerson State Park.

Up on the **Outer Cape**, Long Point and Pamet Harbor in Truro; Blackfish Creek, Wellfleet Harbor, and Great Island in Wellfleet; and Provincetown Harbor are all popular out and back kayaking spots. These areas are especially choice for sunset paddling.

Sea kayakers will find that Cape Cod's shoreline provides many inlets, coves, and harbors. Cape Cod Bay, Pleasant Bay, and Nantucket Sound offer open water for adventure kayaking and the opportunity to fish or view sea life such as the seals that make Monomoy Island their summer home.

There are many kayak outfitters and tour guides on Cape Cod from Falmouth to Provincetown. If you have never kayaked, most are happy to offer some instruction, but novices are encouraged to join a tour. Tours range from two hours to a full day.



South Shore and Southeastern MA

Kayaking possibilities abound on the South Shore and Southeastern Massachusetts, including Buzzards Bay and the protected harbors of Marion and Westport. Paddle inner Plymouth Harbor and you can get a great view of the Mayflower and Plymouth Rock.

Nantucket

Kayaking the waters of Nantucket offers experienced or novice kayakers many different opportunities. Nantucket Harbor offers easy paddling, with side trips into marshes with abundant bird life and along the coast to some of Nantucket's pristine beaches. Explore the many coves and even fish from the kayak and catch keeper bass or other fish.

Ocean kayaking is available across the Island. You will find good surfing waves on the South Shore for much of the year.

Kayaks are available for rent at the harbor or they can be delivered to the beach for surf kayaking.

Martha's Vineyard

Gliding along beneath the spectacular Aquinnah Cliffs, paddling in Edgartown Harbor in front of the historic lighthouse, or nighttime paddles in the phosphorescence of Menemsha Pond are just a few of the ways kayakers can enjoy themselves on Martha's Vineyard.

Make a day of it by paddling to Cape Pogue on Chappaquiddick Island or around the Elizabeth Islands, or enjoy an afternoon venturing into the estuaries and quahog beds of the Felix Neck Wildlife Sanctuary and Sengekontacket Pond.

Martha's Vineyard has half a dozen or so ponds where you can enjoy a short, enjoyable paddle, or, like Nantucket, experience great kayak surfing in the waves of the ocean-facing southern shore.

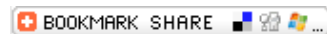
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Plenty of Pedaling Around Cape Cod and the Islands

Biking has always been one of the most popular activities for visitors to Cape Cod and the islands of Nantucket and Martha's Vineyard. You can safely enjoy both road and mountain biking on the many paved and off-road bike paths. Bike shops are plentiful if you need to rent a bike for adults or children. Since biking is an activity the whole family can enjoy, child trailers are also available.

Cape Cod

Throughout the Cape, you have your choice of both paved and unpaved bikeways. The most popular paved trails include:



- **Cape Cod Canal Bikeway:** A 7+ mile paved path along the canal between the Bourne and Sagamore bridges, providing wonderful views of boat traffic and ending at Scusset Beach on the mainland side of the canal.
- **Shining Sea Bikeway:** A 10.7-mile trail that follows the coast from North Falmouth to Woods Hole, winding along cranberry bogs, Buzzards Bay, and Vineyard Sound.
- **Cape Cod Rail Trail:** A 22-mile paved trail running along a former railroad right-of-way from Dennis to Wellfleet. The trail has a wide unpaved shoulder on one side to accommodate horseback riding, walkers, and runners.
- **Nickerson State Park Network:** An 8-mile trail winding through pine forests and along ponds and lakes of this state park in Brewster.
- **Cape Cod National Seashore Network:** The Nauset Marsh Trail in Eastham runs 1.5 miles into National Seashore acreage, ending at Coast Guard Beach, with a panoramic vista of the Atlantic Ocean.
- **Province Lands Bike Trail:** A 7+ mile trail beginning at Race Point in Provincetown and running through sand dunes and forests, ending at the ocean.

Nantucket

Nantucket's terrain seems custom-made for bicycling -- never too steep and always scenic. There are over 24 miles of [bicycle paths on Nantucket](#), and most are separated from the roadways, making for a safe ride. Nantucket shuttle buses, equipped with bike racks, enable you to easily access any bike routes. A color-coded sign system helps guide bikers around the island.

Martha's Vineyard

It can be a challenge to cover the whole island of Martha's Vineyard, which is almost 100 square miles! Bike paths parallel most of the major roads, and all MVTA busses have bike racks. The mostly flat "down-Island" route -- from Vineyard Haven to Oak Bluffs to Edgartown and back -- covers about 25 miles. For a more challenging trip, the "up-Island" trip to Chilmark and Aquinnah is much hillier and can cover more than 40 miles roundtrip.



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Cape & Islands Golf Courses

Avid golfers who must put away their clubs for the winter months know that Cape Cod and the Islands is the destination for an eagerly awaited start to the golf season. The courses on the Cape and Islands are among the premier golfing destinations in New England.

Perhaps the best thing about the dozens of public and semi-private golf courses on the Cape and Islands is their diversity. You can spend the day playing a par 72 with hard fairways, run-up shots to the greens, and a few ball-swallowing bunkers, or sneak in a short game at one of the surprisingly challenging par 3 courses scattered throughout the Cape before you hit the beach with the family.

The courses on the Cape and Islands are typically set in terrain of gentle hills, fairways bordered by Cape Cod scrub pines along with some oak trees, deep fescue rough, more than a few water holes, and strategically placed bunkers. Some of the best golf architects have contributed to the high quality of Cape and Islands golf courses: Jim Fazio, working with the irrepressible Chi Chi Rodriguez, Geoffrey Cornish, Brian Silva, and Rees Jones just to name a few.



Adding to the pleasure of golfing on the Cape and Islands are the many courses that are set along the coast, offering views of Buzzards Bay, Pleasant Bay, Cape Cod Bay, and even the Atlantic Ocean.

Most golf courses and clubs offer a pro shop, driving range, putting green, and club rentals. Instruction is likely available for all levels, including children. That all important “19th hole” is also found at most courses and clubs.

Golfing during spring and fall offers delightful weather, no summertime crowds or traffic, and the prices are very reasonable. Many of the region’s top private courses open up to non-member play. If you know members of private golf courses in the Cape Cod area, ask them about policies in the shoulder season that allow members to have friends golf as unaccompanied guests.

Expect all Cape and Islands courses to be busy and tee times limited during summer.

Public & Semi-Private Golf Courses

UPPER CAPE

- [Ballymeade Country Club](#), North Falmouth
- [Bay Pointe Country Club](#), Onset
- [Brookside Club](#), Bourne
- [Cape Cod Country Club](#), East Falmouth
- [Falmouth Country Club](#), East Falmouth
- [Holly Ridge Golf Club](#), South Sandwich
- [Paul Harney Golf Course](#), East Falmouth
- [New Seabury Golf Club](#), Mashpee
- [Olde Barnstable Fairgrounds Golf Course](#), Marstons Mills
- [Quashnet Valley Country Club](#), Mashpee
- [Sandwich Hollows Golf Club](#), East Sandwich

MID CAPE

- [Bass River Golf Course](#), South Yarmouth
- [Bayberry Hills Golf Course](#), West Yarmouth
- [Blue Rock Golf Course](#), South Yarmouth
- [Dennis Highlands Golf Course](#), Dennis
- [Dennis Pines Golf Course](#), South Dennis
- [Harwich Port Golf Club](#), Harwich Port
- [Hyannis Golf Club](#), Hyannis

LOWER CAPE

- [Captains Golf Course](#), Brewster
- [Chatham Seaside Links](#), Chatham
- [Cranberry Valley Golf Course](#), Harwich

OUTER CAPE

- [Chequessett Yacht and Country Club](#), Wellfleet
- [Highland Links Golf Course](#), North Truro

JUST OFF CAPE

- [Crosswinds Golf Club](#), Plymouth
- [Marion Golf Course](#), Marion
- [Pinehills Golf Club](#), Plymouth
- [Southers Marsh Golf Club](#), Plymouth
- [Squirrel Run Golf & Country Club](#), Plymouth
- [Waverly Oaks Golf Club](#), Plymouth

MARTHA'S VINEYARD

- [Farm Neck Golf Course](#), Farm Neck Way, Oak Bluffs
- [Mink Meadows Golf Club](#), Vineyard Haven

NANTUCKET

- [Miacomet Golf Club](#), Nantucket

Summer Events on Cape Cod

Whether you are vacationing with family or friends, Cape Cod, Martha's Vineyard, and Nantucket offer a wide variety of special events, many of which are free and require no advance planning. In addition to the beautiful beaches, outstanding cuisine and quaint little villages on the Cape and Islands, events geared to all ages abound – from festivals to sports to film. And when it comes to eating, a favorite vacationer activity, be sure to experience the traditional seaside favorites and freshest seafood.

Ongoing Events

Cape Cod Baseball League

June 15 – August 14

This is the premier amateur baseball league in the nation since 1885. See the MLB stars of tomorrow throughout the summer Capewide. Ten teams play for a spot in the championship games, held in mid-August. See our Vacation Planner for the team in your location.



Mid Cape Farmers Market, Hyannis

June 9 – Sept. 1, Wednesdays, 8 am-1 pm

Dozens of local farmers sell their fresh produce and other products.

Wednesday Movies Under the Stars, Falmouth

June 23 – Aug. 25

Family-oriented movies presented on a large outdoor screen, beginning at dusk. Bring your blankets and lawn chairs!

TD Bank Cool Jazz Night, Hyannis

Thursdays, 7-9 pm from July 1-30

Main Street is lively with jazz, swing, and Latin entertainment. Enjoy a summer evening listening to great music and visiting over 120 shops and 40 restaurants and cafés.

Fun Jump Up Nights Fridays, Hyannis

Fridays, 6-8 pm, July 6-Aug. 31

Enjoy the sounds of '70's and '80's Caribbean Reggae at the Village Green. Craft activities and face-painting.

Yarmouth Outdoor Summer Concert Series

Mondays, 7 pm, July 5-Aug. 30

Mattacheese Middle School in West Yarmouth. Bring a chair or blanket. Popcorn and hotdogs sold.

Mudflat Mania, Brewster

At low tide, explore the Brewster flats with naturalists from the Cape Cod Museum of Natural History. Wearing water shoes and carrying a pail and shovel, you'll find marine animals in the tidal pools, mudflats, and sand bars.

Events

Open House at Nobska Light, Woods Hole

July 15 & 29; Aug. 5 & 14, 9:30-11:30 pm

Tours of the lighthouse. Children must be 45" tall and over age 6. Only six people can go up at a time.

Fish n' Ships Festival, Plymouth

July 16-18, 10 am-3 pm

Join us along the waterfront at Mayflower II for a weekend of fun! Try your hand at 17th century chart making and knot-tying.

Barnstable County Fair, County Fairgrounds, East Falmouth

July 17-24

An annual event since 1844, the Barnstable County Fair offers fun for the whole family: animal shows, 4-H demonstrations, petting zoos, horticulture displays, rides, games, live entertainment, and arts & crafts.

Historic House Tour, Yarmouth Port

July 17, 1 pm

Eight early homes will be open to the public along the historic Old King's Highway, known as Captain's Mile. (508) 362-3021

36th Annual Osterville Village Day, Osterville

July 17

Craft fair, children's events, music, food, gala parade, bands, antique cars, floats and more. (508) 428-6327

19th Annual Cotuit Library House Tour, Cotuit

July 22, 12-4 pm

Tour some of Cotuit's spectacular homes. Enjoy afternoon tea at the library.

19th Annual Mashpee Night at the Pops, Mashpee Commons

July 24, 7 pm

Performed by the Cape Cod Symphony Orchestra and followed by fireworks.

www.mashpeepops.com

25th Annual TD Bank Pops by the Sea Concert, Hyannis Village Green

August 1

Boston Pops Esplanade Orchestra featuring Keith Lockhart and Angie Dickinson as celebrity guest conductor. www.artsfoundation.org

29th Annual Quilt Show, Cape Cod Regional Technical High School

Aug. 5-7, 9:30 am-4 pm

Exhibit of over 200 contemporary and traditional quilts created by members. Lectures and demonstrations by experts; free kids' quilting project; and quilt appraisal station.

Pilgrim Monument Centennial Anniversary, Provincetown

Aug. 5

Celebration of the 100th anniversary of the completion of the Pilgrim Monument. www.pilgrim-monument.org

55th Annual Chatham Antiques Show & Sale, Chatham

Aug. 5-7

Prestigious dealers present formal American and Continental furniture and accessories, fine art, porcelain, fine period ceramics, all arranged in room settings.

6th Annual Provincetown Jazz Festival, Provincetown High School

Aug. 13-15

Jazz musicians gather from the US, Canada, United Kingdom, and Europe. The festival will celebrate the survival and revival of New Orleans Jazz, commemorating the fifth anniversary of Hurricane Katrina.

Cape Cod Stampede, Barnstable County Fairgrounds, E. Falmouth

Aug. 14-15

This Pro Rodeo is hosted by the Spirit of the American Cowboy Foundation to benefit pediatric cancer. Also, BBQ, live country music, and barrel racing.

Annual CIGNA Falmouth Road Race, Woods Hole to Falmouth

Aug. 15, 10 am

7.1 mile road race attracting elite and amateur runners from around the world. Ending at Falmouth Heights Beach. www.falmouthroadrace.com

Annual Provincetown Carnival, Provincetown

Aug. 15-21

Week-long celebration with parades, dance parties, casino nights, headline concerts and more!

Family Overnight onboard Mayflower II, Plymouth Harbor

Aug. 19

Sleep onboard Mayflower III! This first ever maritime overnight program includes a short trip around Plymouth Harbor onboard the shallop or ship's boat; samples of ships' food; and dinner and breakfast onboard. Learn 17th century maritime skills.

Festival of the Arts, Chase Park, Chatham

Aug. 20-22

A national juried exhibition of arts and crafts presented by the Creative Arts Center

40th Annual Cotuit CraftFest, Cotuit Village Green

Aug. 21-22

More than 100 craftsman and artisan exhibits, programs, and entertainment. www.craftfestcotuit.com/

Green Corn Celebration, Plimoth Plantation, Plymouth

Aug. 21

Visit the Wampanoag Homesite to learn about the importance of corn to the people of 17th century Plimoth.



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